

Space2Grow #16

HOLIDAY ACTIVITY FUND

EASTER 2021

MONITORING REPORT

**SPACE
2 GROW**

CHILDREN & YOUNG PEOPLE'S FUND



**YOUNG
BARNET**
FOUNDATION

BARNET
LONDON BOROUGH

Report on the
activities and
services provided
by Young Barnet
Foundation
members during
Easter 2021

WWW.YOUNGBARNETFUNDATION.ORG.UK/SPACE2GROW16

Executive Summary

The holiday activities and food programme 2021 is a Department for Education initiative to expand healthy food and enriching activities to disadvantaged children for Easter, Summer and Christmas holidays 2021. The holiday provision is for children who receive benefits related free school meals, with dissemination of funding via local authorities⁽¹⁾

Within Barnet, Young Barnet Foundation has partnered with the London Borough of Barnet to support the CYP VCSE (Young Barnet Foundation members) to supplement the statutory provision with activities and services across the Borough for those aged 5-16.

Organisations were asked to provide activities over 4 days of the Easter 2021 holiday period with a minimum of 4 hour sessions, which included hot nutritious meals. The programmes were supplemented with nutritious food education, which included a pack of information provided to each child via the organisations, and produced by LB of Barnet.

The preparation lead time to first apply and then set up activities was extremely short and hampered by the rapidly changing implications of COVID-19. Therefore, the number of activities and places available were down on the target. Easter was therefore seen by the partners involved as a pilot period ahead of a far more comprehensive offer of activities across the Borough for the longer summer holiday period.

Young Barnet Foundation received 12 applications, with two later withdrawing due to the time constraints alongside the stipulation to provide food within the set funding matrix. Therefore 10 organisations provided a total of 54 sessions that were free to access by those on free school meals or from disadvantaged backgrounds.

Here within in a short report on the activities that took place and includes the outputs of the projects along with feedback from the young people involved in the programmes.

This has proved a great opportunity for the LA and the VCSE to work together to meet the needs of our disadvantaged children/young people. Taking the 360° of a child's life, we have home, school and community/faith, this partnership has given us the opportunity to further enhance the community offer and strengthening the existing trusted relationship within our communities by providing funding to 'up' the local community offer.



**SPACE
2 GROW**
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**Department
for Education**

1. (<https://www.gov.uk/government/publications/holiday-activities-and-food-programme/holiday-activities-and-food-programme-2021>)

Funding Overview

Open for Applications :	3 rd March 2021
Application Deadline :	14 th March 2021
Panel Meeting:	Continuously assessed on submission.
Panel Members:	Karen Pearson, Head of Early Years & Early Help, Barnet Council Debra Davies, Early Years / Primary Strategic Lead, Barnet Council Janet Matthewson – CEO Advisor
Total Number of Applications:	12
Cumulative amount requested:	£13,092
Total number of applications for Consideration by the panel after due diligence :10	
Revised Cumulative Amount :	£12,000
Total Amount Available:	£30,000
Number of Awards:	10
Total Amount Awarded:	£12,000
Awarded Date	19 th March 2021
Funding Provided by:	Department for Education, administered by London Borough of Barnet

Monitoring and Evaluation Overview



3,163

Total Contact Hours



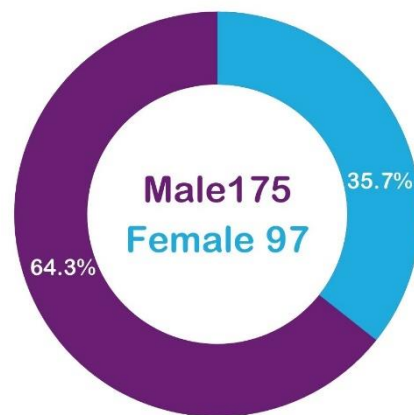
272

Unique Participants



1,088

Total Number of
Participants



Total Number of Sessions	54
Total Number of Unique Participants	272
Total Number of Participants	1,088
Total Contact Hours	3,163
Total SEND Participants	6
% SEND Participants	2.20%
Total Male Participants	175
% Male Participants	64.33%
Total Female Participants	97
% Female Participants	35.67%

Summary of Awards

Axis Educational Trust - £780

Providing a range of outdoor and indoor activities including football, basketball, cycling, table tennis and dance. Healthy eating and keeping well information will be provided. The project will focus on the Colindale, Hendon, West Hendon, Burnt Oak and Mill Hill areas, with a particular focus on school children for whom English is not their first language within the age ranges 9-16 years old.

Cricklewood Boxing Club - £780

Recommencing delivery of their school break clubs including a range of sports, trips to local play areas and provision of a hot meal each day, catering for the age range 9-16 years old.

GROW - £780

Providing a four day outdoor learning and food growing holiday programme for children aged 9-11 from Underhill ward, consisting of three elements; Forest School using the Totteridge nature reserve, Growing Food & learning about sustainable food growing, and Helping prepare a healthy meal each day using fresh produce harvested from the farm. The aim of the programme is to instill a positive relationship with food and understanding the journey from 'ground to plate'

Ball Out Community - £1,320

Providing basketball coaching sessions in Hendon Park for Young People aged 10-18 years old, including a prize giving ceremony at the end of the week.

Nene Tereza - £960

Providing a range of sporting activities during the week and in addition running traditional Albanian dance classes to improve fitness levels for Children and Young People aged 5-16 years old.

Somali Bravenese Welfare Association - £2,400

Providing activities including both Indoor and outdoor activities; boxing, martial arts, art , basketball, football and many more. Aimed at Children & Young People aged 9-16 years old. 4 Groups of 15 Children and Young People per day.

New Barnet Community Association - £600

Provision of Holiday Playscheme using existing indoor and outdoor equipment at the New Barnet Community Centre, aimed at Children aged 5-12 years old.

Pro Touch SA CIC - £2,280

Provision of football coaching at two locations within the Borough (Powerleague Mill Hill and Trott Road Barnet) and in addition informal discussion on key issues related to current issues/affairs such as anti-racism, gang, drugs conflicts etc, as well as aiming to offer volunteering opportunities for local Young People, aimed at Children and Young People aged 5-16 years old.

F.U.S.E - £1,320

F.U.S.E encourages healthy living through fun physical activity like sports and dance, as well as teaching young people how to cook and make healthy diet choices. Provision will include offsite trips to encourage Children & Young People to explore the world outside of their estate, and where appropriate providing training opportunities for young people who want to advance into a youth work career through our junior leader programme.

Barnet Community Projects - £780

Building on previous holiday provision at the Rainbow Centre, Barnet Community Projects will deliver a range of activities 2 hours per day over the 2 weeks of the Easter Holidays, including football, basketball, rugby, tennis and dodgeball, arts & crafts, cooking and dance. Aimed at Children & Young People aged 5-16 years old.



HOLIDAY ACTIVITY FUND - EASTER 2021 - IN ACTON

DETAILED PROJECT INFORMATION

The following pages provides more in-depth detail on each project and its successes as supplied in the Monitoring and Evaluation forms by each successful organisation.

Wording is as supplied by the organisation.

The Axis Educational Trust

The aim of the Axis Educational Trust is to advance the education of Children and Young People by tackling inequalities and developing their skills, capacities and capabilities to enable them to participate in society as independent and responsible individuals through supplementary education, providing mentoring and mental health support through the provision of sports and arts activities.

Project Summary

We aimed to provide an effective, challenging, stimulating and fun activity program during school holidays offering a valuable respite for families and an opportunity to learn, try new activities, build friendships, relax, and most importantly have fun for children and young people which will bring a wide range of benefits to children, youth, families and communities such as boosting academic performance, reducing risky behaviours, promoting physical health, emotional and social development and providing a safe, structured environment for children and young people.

We organised an enrichment activity programme encouraging the children and young people to engage in play by offering a range of materials and ideas to inspire and challenge them. This included, exciting, and fun sessions including art, outdoor sports activities such as football, basketball, athletics and cycling in the Multi-use game area and indoor sports activities such as table-tennis, dance and acting. We served sandwiches, healthy snacks, and refreshments during lunch break.

We organised an assembly on 'Healthy Eating and Keeping Well' and a reward assembly to celebrate the achievements during the programme. We will also hand out a leaflet to the parents to give information and advice on 'How to support their children's health and well-being'.

Number of Sessions – 4 ; Total Number of Unique Participants – 8 ; Contact Hours 106

Young Persons Feedback

Young person D a 12 year old, female said she really enjoyed her time here. She said she had so much fun when performing arts. She believes she is a good dancer and she learnt few dance moves that she did not know before. She would love to attend again in the future.

Organisational Feedback

We believe that delivering such a programme helped students relax more and enjoy their time with their friends. After a long time they got the chance to socialise. We could really see that doing activities with their age group was so much fun for them. Our cycling instructor did teach these kids new and important instructions and advices when riding a bicycle.

Demonstrating Against Nutritional Educational Objective

This booklet we have provided had so many information about being healthy. Booklet included so many information such as how to keep ourselves active? What to eat and not eat? How to keep up our motivations and how to change the unwanted habits that contribute to poor health.

Any Difficulties encountered due to COVID-19 Restrictions

Covid-19 did not impact our delivery as much and that is because we had some of our activities outdoor and some of the activities indoor but our indoor spaces was big enough to manage the social distancing.

Pro Touch SA CIC

The charitable social enterprise that manages both the Academy and Community programmes across London. The organisation is run by London based sports (football) professionals as well as youth-friendly people, the staff and management are highly skilled and offer a variety of experience. They range from Football Association (FA) coaches to qualified youth, sports and fitness workers from the fields of school education and sports management. We currently are delivering various community youth and sports activities, services, projects and programmes to our targeted members across many different London Boroughs including Camden, Ealing, Enfield, Hackney, Lambeth, Southwark and City of Westminster.

We're delivering over 30 plus sessions a week, minimum lasting at least an hour and engaging with over 300 children and young people per week.

These include;

- Holiday programmes
- Multi-Sports in estates and communities.
- Mentoring and 1-2-1 support.
- Volunteering and training programmes.

Project Summary

The Easter Activity Project focused on those from BAME backgrounds, from local deprived and disadvantaged communities such as housing estates .It was open to both boys and girls, who have been affected by the pandemic and lack of physical exercise, recognising that this has had a significant impact on mental health.

We have established local partnerships as well as reaching out to primary and secondary schools offering this programme for their FSM students.

We collaborated with YBF to use data provided within the application pack to target areas of high need/most deprived areas of Barnet, where we hoped to reach the vulnerable families whom are in need for such holiday youth and sports services.

Beyond the focus on youth and sports, informal discussions on key issues related to current issues/affairs such as anti-racism, gang, drugs conflicts etc took place. We will be also aiming to offer volunteering opportunities for locals to sign up, which can lead to paid employment with Pro Touch Soccer Academy as well as other partners.

Number of Sessions – 8 ; Total Number of Unique Participants – 52 ; Contact Hours 456

Young Persons Feedback

I enjoyed coming to the holiday camp, I had fun and made some new friends.

Young person, male aged 8

Organisational Feedback

We felt the program went well but tough at times and stressful when it came to securing venues.

But we managed it somehow and the numbers we good but could have been better had we planned and carried out the operation with good timing.

Demonstrating Against Nutritional Educational Objective

We held group discussions in the classroom as well as individual chats about healthy eating lifestyles especially when we were having lunches.

The lunches were different and from different cultural cuisines.

Any Difficulties encountered due to COVID-19 Restrictions. It was very hard to plan and secure venues so late on and we didn't manage to organise the operations as we had hoped we would.

Cricklewood Boxing Club

Cricklewood Boxing Club was established by Rob Buick in 2016.

We're an inclusive club where all members are invited from a variety of backgrounds. We encourage beginners and those wishing to become pro's to join our friendly team.

With our range of different classes you'll be sure to find something tailored towards you. We have many talented boxers at Cricklewood Boxing Club, with members from all backgrounds. This is what boxing is all about. One of my passions is to help those who are struggling in life with school, drugs, alcohol, crime, anti-social behaviour etc... We believe with enough encouragement the best boxers will turn pro and become world champions.

Project Summary

The aim of the project was to deliver a range of sports and fun activities (including a trip to the play area in Gladstone Park), including the provision of a hot meal each day. We have been running School Break Clubs since 2019, but unfortunately were not able to do so in 2020. This enabled us to reconnect with our cohort of Children and Young People.

Number of Sessions – 4 ; Total Number of Unique Participants – 25 ; Contact Hours 100

Young Persons Feedback

A is a 12 year old boy who came to one of our camps for the first time was a bit shy at the start but he grew into the sports activities and met new friends.

He really enjoyed the camp and even asked to come to the summer camp.

Organisational Feedback

Camp went well even though it was a bit cold, had a great turn out had 25 kids some days, thankfully with the funding we received we was able to hire a minibus and we went to the pervilleine AstroTurf in Stonebridge.

Demonstrating Against Nutritional Educational Objective

The young kids loved the breaded chicken fillets and the garlic bread, we also gave them broccoli and bottled water, we informed them at the start that we did not want them to drink fizzy drinks but they could have as much water as they wanted.

Any Difficulties encountered due to COVID-19 Restrictions

One of the challenges we faced was that getting some new sports equipment as someone stole our table tennis table and other equipment such as the volley ball net posts broke and due to the pandemic with every thing closed we couldn't go to the store to get any new stock or equipment.

GROW

From yoga to farming, philosophical thinking to boxing, GROW's specially designed programme gives young people the skills, knowledge and confidence to think beyond their day-to-day routines.

Since launching our pilot scheme at The Totteridge Academy, North London in May 2019 GROW has started a Forest School, built a community farm and teaches 250 students per week as part of the curriculum.

Project Summary

A four-day outdoor learning and food growing holiday programme for 9-11 year olds from the Underhill Ward, delivered at the GROW Farm. The week will have three core elements. 1) Forest School: participants will play and explore in the Totteridge nature reserve, developing bushcraft skills including how to build a camp fire for cooking 2) Food growing: participants will contribute to the running of a working vegetable farm, learn about sustainable food growing, and take part in the journey 'from ground to plate'. 3) Eating: participants will enjoy a healthy meal each day cooked by our in-house chef with a small group of participants each day using fresh produce harvested directly from the farm. The aim of the programme is to instill a positive relationship with food at every level; where it comes from, how it grows, how to cook it, and how it can make us feel.

Number of Sessions – 4 ; Total Number of Unique Participants – 15 ; Contact Hours 205

Young Persons Feedback

A 10-year-old female said: We grew some peas, we got to stroke the chickens and we did some whittling. It was really cool because during coronavirus it has been kind of hard to get out somewhere.

It was really fun and I really recommend coming here because we have been stuck on the screen inside for a lot of the time. It is really nice to see all the birds and the trees.

A 10-year-old male said: I loved GROW, I love being outside. I have learned how to deroot and repot plants. A chicken escaped twice and I caught it both times. I learned how to light a fire with flint and steel. I found the remains of a 1912 house. I found a rock with baby slugs and spider eggs on it. We harvested some crops. We made candy apples. I made a new friend, a boy called Danush who is in year 5 at my school, I am in year 6. We found 2 cow vertebrae and an ostrich limb bone. We went mini beast hunting.

Organisational Feedback

What a wonderful week we had - the weather was amazing, the food was delicious and the kids were very sad it came to end. They even asked for another day! They learnt about how to make fire, enjoying some caramelised apples on the last day, climb trees, look after chickens, and how to grow and harvest food. A great week of activities and lots of new friendships were made. I hope we can do it again!

Demonstrating Against Nutritional Educational Objective

We prepared a hot meal each day which included veg from our farm which the young people helped harvest. Meals included fish and potatoes, pasta bake, lamb cutlets, and salad.

Any Difficulties encountered due to COVID-19 Restrictions

None

Nene Tereza

Albanian Cultural Centre and Supplementary School (Rainbow Centre). The Nene Tereza Albanian British National Organization is Charity non-profit organization established in 2007 to facilitate and perpetuate the education and training of Albanian speaking community in UK which come with our Albanian heritage. Our programme goal is to preserve and teach our next generation the beautiful and ancient Albanian Language history and culture including activities such as traditional folk dance, vocal coaching, sports and tutoring, this will enable our community to orientate, settle and gain access to education, training and employment. We also run many projects for adults which enables to promote and enhance knowledge, health and wellbeing.

Project Summary

During the project we will be running sporting activities for young people in the community. Activities include; football and basketball, alongside these, we will be running traditional Albanian dance classes to improve fitness levels of young people during the easter holiday as well as keep them busy and mentally stimulated with fun dances to learn with their peers.

Number of Sessions – 4 ; Total Number of Unique Participants – 23 ; Contact Hours 460

Young Persons Feedback

13-female;

I was so excited to do Albanian dances and make new friends, I loved being a part of the activities, it was super fun.

Organisational Feedback

It was great to see how positively each young person engaged with the activities, each person had a smile on their face and gave their full energy and attention to activities run.

Demonstrating Against Nutritional Educational Objective

Young people were encouraged to eat a balanced and healthy meal prepared by us during the activities run. They were told about the importance of eating a nutritious meal that provides energy, alongside physical exercise such as the dance activities.

Any Difficulties encountered due to COVID-19 Restrictions

Covid restrictions were eased which made running the activity easier for us an organisation. We would have liked to run the event with more people, however understandably due to the pandemic this could not be the case at the moment.

F.U.S.E CIC

The FUSE YOUTH PROJECT serves the Children & Young People living on the Grahame Park and West Hendon estates, and aims to teach young people life skills through the use of cooking, creative art, group discussions around youth centred topics and team sports.

We also make it a priority to take young people on exciting offsite trips to encourage them to explore and get to know the world outside of their estate.

Project Summary

Our youth project is called F.U.S.E and our aim as an organisation is to show young people living in social housing the world beyond their local environment. We do this through outreach, monthly youth forum meetings with young people to be able to create sessions centered around their interest and needs. We encourage healthy living through fun physical activity like sports and dance, as well as teaching young people how to cook and make healthy diet choices. We take young people on offsite trips to encourage them to explore the world outside of their estate, and we provide work and training opportunities for young people who want to advance into a youth work career through our junior leader programme. The activities we provide are free of charge to members in the NW9 postcode area and our holiday activities will be running face to face over 9 days during the Easter holiday period 2021.

Number of Sessions – 9 ; Total Number of Unique Participants – 37 ; Contact Hours 666

Young Persons Feedback

What I liked most about the Easter Holidays was being able to play with my friends. The activity I most enjoyed was and looked forward to was the kayaking trip.

I think that the food this week was good and I thought that the Business Enterprise workshop was cool and different. There isn't anything that I would change about the Easter holidays.

Organisational Feedback

We are really grateful for the food we were able to provide to the young people during the holidays. The donation meant that we were able to provide healthy and substantial meals to the young people. The young people always looked forward to the lunch times and appreciated the variety of food, as well as the quality of food and how tasty it was. We were also fortunate to always have enough food to go around which meant that the young people were given good portions and were always full after eating.

Demonstrating Against Nutritional Educational Objective

Providing healthy meals was a catalyst for us to be able to have conversations with the young people about their nutrition and diet. We also enquired about what foods they would like on the menu and this also gave room for conversation with them surrounding their food choices.

Any Difficulties encountered due to COVID-19 Restrictions

We had to be more mindful about how we distributed the food amongst the young people, in the past we have usually delivered shared platters of fruit for instance. But we had to be more mindful about the packaging of food we delivered and shared distribution to ensure that the young people were safe. We also had to make sure that our volunteer chef was always in the correct PPE clothing and following the COVID guidelines surrounding hygiene in order to prevent the potential spread and contamination of germs, to protect the young people.

Case Study

Over the Easter holidays we were fortunate enough to partner with Shared Enterprise an organisation that works with local people who want to start up their own businesses. The Shared Enterprise workshop gave the young people an early insight into what it takes to run their own business. The young people explored all things business such as their marketing strategy - coming up with their product name, designing their

business logo, creating a leaflet, evaluating prices, and more. They had the opportunity to create and showcase their product to friends, family and local organisations during the market stall day which was a great success. There were various different businesses created from the workshop like; a soap company, a burger and chip restaurant, a mac and cheese restaurant, a cupcake selling business, a tie dye company, and a clothing line. It was great to see the young people thinking about business and working in a team, some of the funding which we received for the food we were able to put towards buying ingredients for cooking the products for their business stall. This created a wonderful opportunity for the youth workers to be able to speak to the children and young people about healthy food choices. The Shared Enterprise workshop challenged the young people and encouraged good teamwork; lunch times were a space for group bonding before the workshop each day and the lunch that was provided gave them the energy they needed for the creation of their business ideas.

Brent Ballers Basketball Club

Brent Ballers was put together to develop youth basketball in the local community. We participate in the London Local League and the goal is to teach kids not only basketball skills, but also life skills and to play competitively with other kids their own age. We have club mark accreditation from England Basketball.

Project Summary

Delivery of 4 hour coaching sessions suitable for 10-18 years old males and females. We have successfully delivered in these boroughs in previous years and the popularity of our project is at a high in these areas. The sessions will be delivered on Monday to Thursday 12-4pm. This will be delivered in two bubbles and participants will be coached by one of our experienced qualified coaches, many of whom are former professional basketball players and local coaches in the area. The sessions will consist of everything kids need to become good basketball players, learning new, fun skills and drills, with prizes available

Number of Sessions – 4 ; Total Number of Unique Participants – 25 ; Contact Hours 100

Young Persons Feedback

I really enjoyed this week, it was so much fun to work on my basketball skills and do some training.

Coach was alot of fun, he kept us busy and I was so tired at the end of the sessions.

If I wasn't here I would probably be at home doing nothing or playing playstation so it was really nice to come out basketball and meet new people.

Organisational Feedback

This was a really good programme and exactly what kids needed in this current climate. We need more programmes like these in the summer for a variety of sports. It was great to be able to provide lunch to the participants also kids as young as 10 to as old as 18. They all trained and worked together encouraging one another to create a fun positive environment with a great vibe. Look forward to the next opportunity to do this again.

Demonstrating Against Nutritional Educational Objective

We provided sandwiches from the local Tesco's to our participants and we spoke about the 7 different food groups and how important it is to have a healthy balance of them all. We also discussed impact of unhealthy eating.

Any Difficulties encountered due to COVID-19 Restrictions

We used hand santizer regularly, cleaned the basketballs and a thermometer as the sessions. We still had to remain socially distanced so it did affect some of the drills we would normally deliver.

New Barnet Community Association

The Community Centre provides a base for local groups and services for local people. There is a lunch club for the elderly, an afterschool club, playscheme and youth club. Informal advice and information is available to members and users on a range of issues. All groups are inclusive.

Project Summary

We will be providing a Holiday Playscheme for nine days in the Easter Holidays. Week 1 6th-9th April and Week 2 12th-16th April. Parents pay affordable fees for children to attend. We can provide at least 10 more places for children on free school meals to be included on 4 days in week 2 with activities and a healthy meal. The playscheme will have 2 'bubbles' with separate accommodation in the Community Centre. Each 'bubble' will not exceed 15. 2 Staff will be working with each 'bubble'.

Number of Sessions – 4 ; Total Number of Unique Participants – 7 ; Contact Hours 104

Young Persons Feedback

9 year old girl. 'If you are going to open again in the summer I want to come. It's been great'.

Organisational Feedback

We felt this project was really worth doing. All the children involved enjoyed the activities and we were aware that they would not have come to playscheme because of the cost. The surprise was the poverty of their diet, few wanted to eat fruit or vegetables. They did all get a hot meal everyday but with the likes and dislikes, the meals were tailor made for each child.

Demonstrating Against Nutritional Educational Objective

We used the resources provided on the Twinkl Educational website. The children completed healthy eating wordsearches, sorting out healthy food choices to put on your plate or in a lunch box. Children talked with staff about their likes and dislikes and the value of some of their preferences!

Any Difficulties encountered due to COVID-19 Restrictions

The main problem was the very short timescale. We contacted our 3 local schools to advertise the project. One had very few children on free school meals, of the other 2, all our referrals came from 1 school. This school circulated our information to all families on free school meals. We had an immediate response from a family already known to us and they encouraged other contacts to get in touch. From past experience there is often a problem with 'free' things. People are more likely to walk away when they have not had to pay for the service. Personal contact really helps.

Barnet Community Projects

Barnet Community Projects exists to facilitate long term social improvement in the London Borough of Barnet.

We provide an umbrella organisation to help individuals and groups with the start up of independent, sustainable community focused projects.

We have developed partnership working with statutory, voluntary and other organisations in a common effort to provide social activities, employment, information and advice and opportunities to develop new skills and knowledge.

We are based at the Rainbow Centre in the Underhill Ward where we empower and support the local community to develop training, community building activities and supporting local people in developing their projects.

Project Summary

Our project provides 2 hours of activity per day over 2 weeks which includes sports, arts & crafts, cooking, dance, which is supervised and delivered by qualified staff and volunteers. Following this the children are provided with a freshly cooked nutritionally balanced meal which they can take home and eat, the meal is prepared on the day and includes a drink and a dessert. The activities will take place outside on the basketball court next to the centre. The young people come from the housing estate adjacent to the centre and most if not all of them are on free school meals. The children are from low socio-economic backgrounds and have limited opportunities to access recreation and sport.

Number of Sessions – 9 ; Total Number of Unique Participants – 22 ; Contact Hours 334

Young Persons Feedback

"When can we come and do this again"
6 year old female

Organisational Feedback

Make Lunch is a really important part of BCP/Rainbow Centre's young people provision in the Barnet area

Demonstrating Against Nutritional Educational Objective

When we are cooking with the children we continually discuss and talk about healthy eating. Normally the children cook every day, often part and sometimes all of their lunch; because of COVID restrictions we were only able to cook on alternate days and not as part of the lunch provision.

Any Difficulties encountered due to COVID-19 Restrictions

We provide the children with a two-course nutritional lunch each day. When we are cooking with the children we continually discuss and talk about healthy eating ingredients etc and encourage them to cook at home with their families. In normal times the children would be cooking every day and often they cook part and sometimes all of their lunch; because of COVID restrictions we were only able to cook on alternate days and not as part of the lunch provision.

Somali Bravenese Welfare Association

The SBWA was set up in 1992 to support the Somali and Bravenese community, many of whom have escaped war and persecution in Somalia. The group experience all the difficulties of a largely refugee and immigrant community; language and cultural orientation, problems in accessing training and employment, and cultural and religious isolation, particularly among the women of the community.

We run after school sessions and a weekend after school classes, training for women and business startup initiatives, as well as a wide range of advice and support services.

The purpose of our organisation is to provide a service to the Somali and Bravenese people. In doing so, we aim to improve the quality of life for this community and support them to achieve more whilst breaking down barriers. This includes:

1. Providing information, advice and guidance on training and education opportunities
2. Upscaling community members' skills by offering training and learning opportunities
3. Providing support services ensuring that community members are able to reach their full potential
4. Broadening the employment and economic prospects of community members
5. Empowering community members to become financially independent
6. Promoting and facilitating inter-cultural understanding with local / indigenous communities and encourage community cohesion initiatives.

Project Summary

We would like to fill the niche and allow the young people to stay healthy through nutrition and physical activities and enjoy their Easter break after the devastating effect of Covid-19.

We are planning to accommodate up to 60 young people from ethnic minority groups from low social economic backgrounds. The activities will run for 4 consecutive days, we will have 2 groups of 30 young people in the morning (from 9 AM to 1 PM) and 2 groups of 30 young people in the afternoon (from 1 PM to 5 PM). The age range of participants will be from 9 years old to 16 years old. The activities will include both Indoor and outdoor activities; boxing, martial arts, art, basketball, football and many more. We will provide hot and nutritious food that will be provided by our partners.

Number of Sessions – 4 ; Total Number of Unique Participants – 50 ; Contact Hours 800

Young Persons Feedback

Excited and happy to be here that I had the opportunity to do things and not stay at home and lazy
Male, 10

Organisational Feedback

The programme was very well received we are absolutely thrilled with the outcome and hope to continue to do similar activities in the summer holiday.

The community felt that they also said it was well organised and they thought it brought them all together as one big family.

Demonstrating Against Nutritional Educational Objective

All the young people were served healthy and wholesome home made food delivered by our catering partner.

Any Difficulties encountered due to COVID-19 Restrictions

Ever-changing Covid Rates meant some families were scared to come and partake in activities and thus we feel like engagement has been reduced in times of families coming to the centre. Despite all this, we did have a great turn out.

LESSONS LEARNT

As part of Young Barnet Foundation's commitment to continuous development and improvement, an end of project retrospective is undertaken following the completion of each round of Space2Grow funding.

In the case of Space2Grow#16 – Easter Holiday Activity & Food Fund, we not only undertook an internal review, but also invited grantees to a provider retrospective in order to gather their views of what went well, and what was learned from delivery, in order to apply these to the next round of Holiday Activity Funding (Space2Grow#17).

The table below provides an overview of the key information gathered and any subsequent actions.

Member Feedback	
Lessons Learned	Action Taken
Important to secure venues as soon as possible prior to commencement	Young Barnet Foundation has been working with providers and Barnet Council to secure suitable venues for the next round of funding.
Time is required to liaise with Schools to enhance referral pipeline	Additional initiation time has been built into the project plan for the next round of funding. Barnet Council is developing a central booking system, and it is hoped that the Council's School Circular may be used to promote the projects in the next round of funding.
Young Barnet Foundation Feedback	
Lessons Learned	Action Taken
That Young Barnet Foundation has the ability to: <ul style="list-style-type: none"> • Pull Documentation, Forms and Processes together quickly • Apply feedback from meetings with Barnet Council was invaluable so that Grants Administration team was able to reflect current thinking • Make payments to grantees in a timely manner 	These positive aspects have been applied to the subsequent Summer Holiday Activity Fund
That each step of the process has sufficient time to be completed, and that formal sign off gates are implemented, enabling staff to know when they will be required to review or sign off documentation	Production and updating of a project plan / Gantt Chart has enabled greater visibility of these milestones. Using a Programme Management approach to plan each step of the process, the time required and the resources required.
Identification of organisations who are best placed to deliver successfully, and to identify those members who may need additional support	Throughout the grant application process for the subsequent round of funding, members of the team have contacted YBF members to discuss any additional support they may require. An Expression of Interest form was included within the application process to identify those members who required bid support.
That it might be beneficial to have a venue grant as part of the funding, as this is a significant barrier for some organisations.	Discussions between Young Barnet Foundation and Barnet Council enabled an increase in the grant per person to assist with this.