



## Holiday Activity with Food Programme – Summer and Christmas 2021 – Members Briefing Document

### Partners



## Introduction

The School holidays can be particular pressure points for some families because of increased costs (such as food and childcare) and reduced incomes, indeed COVID-19 has impacted some families severely. Therefore, more children are much less likely to be able to access organised activities. Furthermore, some of these children can suffer food insecurity leading to an unhealthy holiday in terms of nutrition and physical health as well as the resulting isolation.

Young Barnet Foundation have been working with The Mayor's Fund for London Kitchen Social programme as part of the steering/development group, to bring more holiday provision to Barnet to address these needs. A number of these projects have been running under the name of Kitchen Social Projects.

Last year The Mayor's Fund for London were one of the successful bidders, the combined delivery in pilot areas presented a picture of food insecurity and compiled more supporting data demonstrating the benefits of this approach.

This year the Department for Education is rolling a Holiday Activities, with Food Programme out in every Borough. Barnet as our Local Authority, Young Barnet Foundation and a number of partners are working together to launch the Holiday Activity programme in Barnet.

Barnet Council Family Services, Young Barnet Foundation and wider partners are now tasked with implementing a local approach to this. Our vision is that together we will reach 4000 children.

## Overview

### Who is the Programme aimed at?

The funding is for school age children aged 5-16 years old. The primary beneficiaries of the programme are intended to be Free School Meal eligible children, but the programme can include support for children and young people facing hardship and to target geographical hotspots showing high levels of economic disadvantage, obesity and deprivation. Providers may also use their discretion if a parent turns up with younger children.

All provision under this programme must be accessible to any child meeting the criteria and be publicised widely, not just open to the children and young people you work with on a regular basis.

### Delivery Format

Over the Summer Holidays, we are looking for a minimum delivery of 4 hours per day, 4 days per week over 4 weeks (a total of 64 hours over 4 weeks), which include mealtime/lunch/eating space – but we welcome applications willing to provide more.

Over the Christmas Holidays, we are looking for a minimum of 4 hours per day over 4 days at any point over the Christmas break (a total of 16 hours), again, including mealtime / lunch/ eating space. We would welcome applications willing to provide more.

Applicants will have the ability to apply for Summer Holiday only, Christmas Holiday only, or both.

### Department for Education (DfE) PROGRAMME FOCUS

- Relieve pressure points for some families during school holidays as a result of increased costs and reduced incomes.
- Support children who may be more likely to experience 'unhealthy holidays' in terms of nutrition and physical health.
- Increase opportunities for children from lower-income families who may be less likely to access fun activities.
- Provide consistent and easily accessible activities, for more than just breakfast or lunch through free holiday clubs.

### Operating Restrictions due to COVID-19 Pandemic

In scoping your project, organisations must take account of the restrictions and guidelines in place at the time of delivery. The National Youth Agency has published guidance for the current restrictions in place, and additionally a Readiness Framework in relation to the Government COVID Roadmap. It is strongly suggested that organisations familiarise themselves with the guidance available at

<https://nya.org.uk/guidance/>

The government has outlined a four step plan for reducing restrictions across England. At each step four tests must be passed, these are:

1. The vaccine deployment programme continues successfully.
2. Evidence shows vaccines are sufficiently effective in reducing hospitalisations and deaths in those vaccinated.
3. Infection rates do not risk a surge in hospitalisations which would put unsustainable pressure on the NHS.
4. Our [the Government's] assessment of the risks is not fundamentally changed by new Variants of Concern.

It is very possible that the planned implementation dates for each step will change (be extended) if more time is needed between steps. For this reason, the dates for each step should be considered to be 'no earlier than' dates, and subject to change. The NYA strongly advises against planning activities that are non-refundable until each step has been confirmed.

Given this guidance and the COVID Roadmap, Young Barnet Foundation proposes that organisations may apply for any size of group which they feel they are able to manage, taking into account any existing requirements for effective safeguarding arrangements. If your group is affiliated with a national association (uniformed, etc.), you should check what additional guidance or requirements they have put in place to safeguard young people. They may have developed additional specific guidance for you to consider or actions required prior to commencing delivery.

If Government and National Youth Agency guidance changes (for instance if implementation dates are extended), then Young Barnet Foundation reserves the right to restrict funding to the maximum size of groups allowed under restrictions in place at the time of delivery. Organisations should consider such contingency planning during the scoping of their project ( for example, could activities be scaled up or down or moved to online only should it be required). The priority overall is the distribution of food and essentials to families who would otherwise be in receipt of free school meals or who are in significant need.

## Minimum standards for Delivery

### Quality Provision for the programme include:

1. Healthy Food
2. Enriching activities.
3. Physical activity.
4. Nutritional Education.
5. Relevant Policies and Procedures in place.

### Additional considerations:

- Inclusive and accessible provision (e.g. SEND)

### Programme Outcomes

As a result of the holiday provision, we want to see children and young people:

- Eat more healthily.
- Be more active.

- Take part in engaging and enriching activities.
- Be safe and not isolated.
- Have greater knowledge of health and nutrition.

**PROVIDER STANDARDS must meet DfE Framework Standards as follow:**



**Food:** at least one meal a day (breakfast, lunch, or an evening meal) and all food provided (including any snacks) must meet school food standards (click here for [details](#)) DfE expectation is that the majority of food served by providers will be hot, however, they acknowledge that there will be occasions when this is not possible and that a cold alternative should be used or a mixture of the two. All food provided as part of the programme must comply with regulations on food preparation and consider allergies and dietary requirements and preferences as well as any religious or cultural requirements for food.

**Nutritional education:** there should be an element of nutritional education each day aimed at improving the knowledge and awareness of healthy eating for children. These do not need to be formal learning activities and could for example include activities such as getting children involved in food preparation and cooking, growing fruit and vegetables, and taste tests. You are required to provide one of these sessions in each 16 hours of delivery.

**Physical Activities:** activities which meet the Physical Activity Guidelines (click here for [details](#)) on a daily basis.

**Enriching activities:** fun and enriching activities that provide children with opportunities to develop new skills or knowledge, to consolidate existing skills and knowledge, or to try out new experiences. This could include physical activities such as football, table tennis, cricket etc.; creative activities such as putting on a play, junk modelling, drumming workshops; or experiences such as a nature walk, visiting a city farm etc. Dependent on restrictions in place at the time you will need to think creatively around alternative online activities/delivery plans.

**SEND Requirements:** We want to ensure that there is sufficient holiday provision with providers that are specialists in SEND. These will be geographically spread, with local authorities leading on identifying preferential locations based on pupil data. In addition, we will provide some workshops for providers covering specialist training/support to support SEND children at generalist provision. If you are a SEND provider or can make provision available to SEND children, please contact our Grants Administration team at [grants@youngbarnetfoundation.org.uk](mailto:grants@youngbarnetfoundation.org.uk)

**Signposting and referrals:** this is a key part of the programme and YBF will ensure you know how to engage and signpost families to other services and support that would benefit the children who attend the programme and their families.

This will include sessions or information provided by:

- Other Young Barnet Foundation members
- Family Support Services or Children's Services
- Citizen's Advice
- BOOST
- House Support Officers
- Organisations providing financial education.

**Policies and procedures:** successful applicants will need to demonstrate and explain that they have the relevant and appropriate policies and procedures (which have been reviewed in at least the last two years) in place in relation to:

- Safeguarding
- Health and Safety
- Insurance (Employers and Public Liability)
- Accessibility and inclusiveness (Equalities and Diversity)
- Where appropriate, clubs must also be compliant with the Ofsted requirements for working with children.

Successful applicants will be required **provide evidence**, including copies of policies, procedures, certificates and registrations.

### Priorities for Barnet

**We will be looking at applications in terms of meeting the highest of our 4 priorities as set out below:**

Applications that:

1. Provide for the highest predicted percentage of children and young people in receipt of free school meals.
2. Propose innovative, creative and enriching programmes for children and young people.
3. Delivery engaging food education activities to CYP (and parents)
4. Focus programme delivery directly on or targeted at areas of high need anywhere in Barnet.

Consider which partners you can work with, both from the VCSE, Faith and Statutory Services (children's Centres, Schools, 0-19 Hubs).

### Funding Guide

Young Barnet Foundation's Space2Grow#17 fund is primarily focused on the delivery of Face-to-Face provision of activities over the Summer and Christmas 2021 school holidays.

The minimum required delivery is:

**Summer Holiday:** 4 hours per day, 4 days per week over 4 weeks (minimum of 64 hours), including the provision of food.

**Christmas Holiday:** 4 hours per day, 4 days over the Christmas Holiday period (minimum of 16 hours), including the provision of food.

Please note that it is the DfE expectation is that the majority of food served by providers will be hot. If there are specific reasons why you would not be able to do this, please call our CEO Janet Matthewson on 020 3621 6090 to discuss prior to submitting your application.



Grants will be calculated on an allowance of £9.00, per head, per day (minimum 4 hour period), and applicants will be required to complete a spreadsheet indicating their proposed delivery (including delivery of food) and upload this with their application.

Please note: For those groups that cannot deliver the food element, as a partnership, we are looking at a central food provision and more details will be available as soon as we have them. For online activity this may include designated location lunch pickups for CYP attending the programme. Please call our CEO Janet Matthewson on 020 3621 6090 to discuss

### Eligibility Requirements:

The eligibility requirements for this round of Space2Grow funding (including exclusions) may be found in the Eligibility Criteria Document on the webpage

[www.youngbarnetfoundation.org.uk/space2grow17](http://www.youngbarnetfoundation.org.uk/space2grow17)

If you have any questions regarding your application, then please contact the Grants Administration team at [grants@youngbarnetfoundation.org.uk](mailto:grants@youngbarnetfoundation.org.uk)

### Timelines

<b>Deadlines</b>	<b>Open for Applications</b>	<b>Wednesday 21<sup>st</sup> April 2021 (for Summer and Christmas Holidays)</b> <b>Applications will re-open in Autumn 2021 for those organisations who wish to submit a Christmas Holiday only application (and do not wish to do so now)</b>
	<b>Application Deadline</b>	<b>23:59 on Sunday 16<sup>th</sup> May 2021 for initial application period (Summer and Christmas Holidays)</b>
	<b>Panel Meeting</b>	<b>w/c 7<sup>th</sup> June 2021 – but applications may be assessed on a continuous basis</b>
	<b>Applicants informed</b>	<b>As soon as possible once decisions have been made, and no later than:</b> <b>w/c 14<sup>th</sup> June 2021</b>

**ALL SUBMISSIONS must be through the online application form.**

You will be notified of the decision as soon as possible once a decision on your application has been reached, and no later than the w/c 14<sup>th</sup> June 2021, with payment being made upon receipt of your Acceptance form.

### Monitoring and Evaluation:

The holiday programmer funder, the Department for Education, requires all providers to collect the following information for all pupils attending each session so that the attendance data can be matched to the National Pupil Database:

1. First name
2. Surname
3. Gender

4. Date of birth
5. Home postcode
6. UPN if available (Unique Pupil Number)
7. Dates of all sessions attended - registers
8. Photos - groups to ensure photo consents are obtained prior to submission
9. Quotes from participants

Successful Applicants will be provided with a spreadsheet into which the attendee data can be recorded, and this will need to be uploaded into the Monitoring & Evaluation Form.

This form will also request:

- An anonymised quote from a participant
- A quote from one of your staff or volunteers
- Details of the Nutritional Education provided
- Photos of your activity, and confirmation that the appropriate permission has been sought

The data provided will be shared with London Borough of Barnet to satisfy the requirements of the funder

**ALL SUBMISSIONS must be through the online Monitoring & Evaluation form.**

### Informing us of significant events.

It is necessary for you to keep Young Barnet Foundation informed of any significant events that will have an impact on the work that we are funding, or on your organisation. Please do not wait until the end of your grant to advise us of these changes.

You should inform Young Barnet Foundation immediately if any of the following changes occur:

- A major organisational change or new policy direction
- A change to your organisation's name or constitution
- Significant and unexpected changes to your Trustee board
- A severe funding crisis or other threat to the viability of the organisation including insolvency.
- A potential merger
- Winding up of the organisation
- Any other significant change to your organisation or project.

### Training and Support:

Our team, along with our expert advisors, will offer a training programme that supports organisations to overcome the key challenges associated with organisational growth. In addition, YBF Project Lead will support the network by sharing local best practice. Where training is identified Hubs will be required to participate in training in advance of delivery and will be actively encouraged to share experiences and learning through the cross-borough network afterwards. There will be three mandatory training sessions for hubs prior to the summer delivery programme.

These will focus on:

- Hub Toolkit Training (Some hubs have delivered holiday provision with food previously, but we would encourage them to attend to share their learning with new hubs).



- Physical activity for children and young people
- Engaging children and young people in food skills and nutrition
- Managing participants challenging behaviour for Volunteers, some volunteers may not be used to dealing with challenging behaviour or out of practice, we want to give them the tools to do this safely
- Safeguarding for new staff/volunteers
- Safely Recruiting and Managing Volunteers
- Mental Health First Aid:
  - 1 day course 2 afternoons
  - 2 day course 4 half days

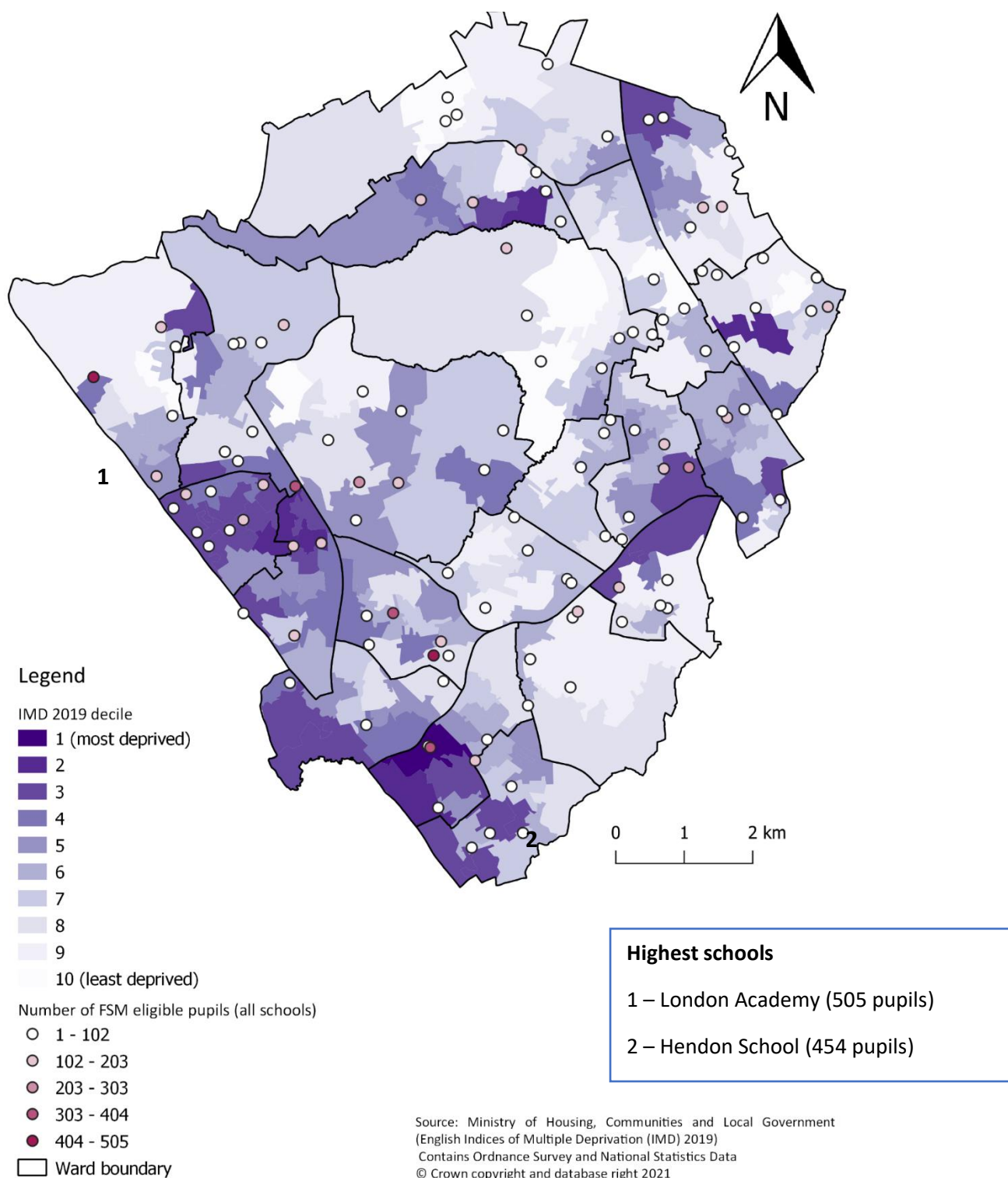
The training sessions will occur in June/early July. They will be delivered through online webinars. We would like a minimum of two representatives from each hub to attend each session. Resources will also be made available to hubs which cover training, nutritious recipes, and volunteer management.

## Appendix 1 - FSM information

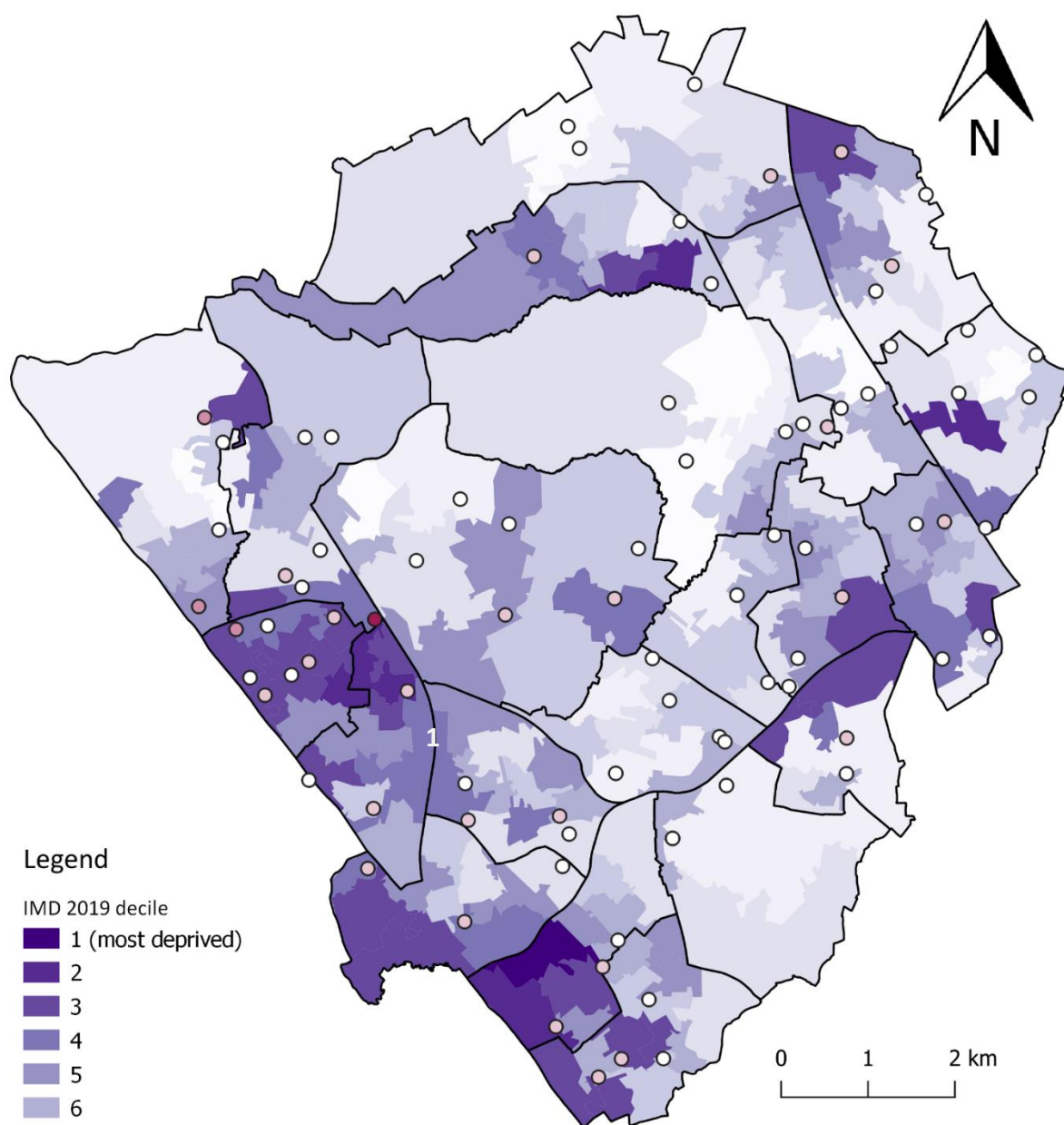
- By Age group
- By Locality

## Maps by school type

Free school meal eligible pupils for all Barnet schools\* against Index of Multiple Deprivation (IMD) 2019



## Free school meal eligible pupils for Barnet primary schools against Index of Multiple Deprivation (IMD) 2019



### Legend

IMD 2019 decile

- 1 (most deprived)
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10 (least deprived)

Number of FSM eligible pupils (primary schools)

- 1 - 72
- 72 - 144
- 144 - 215
- 215 - 287
- 287 - 358

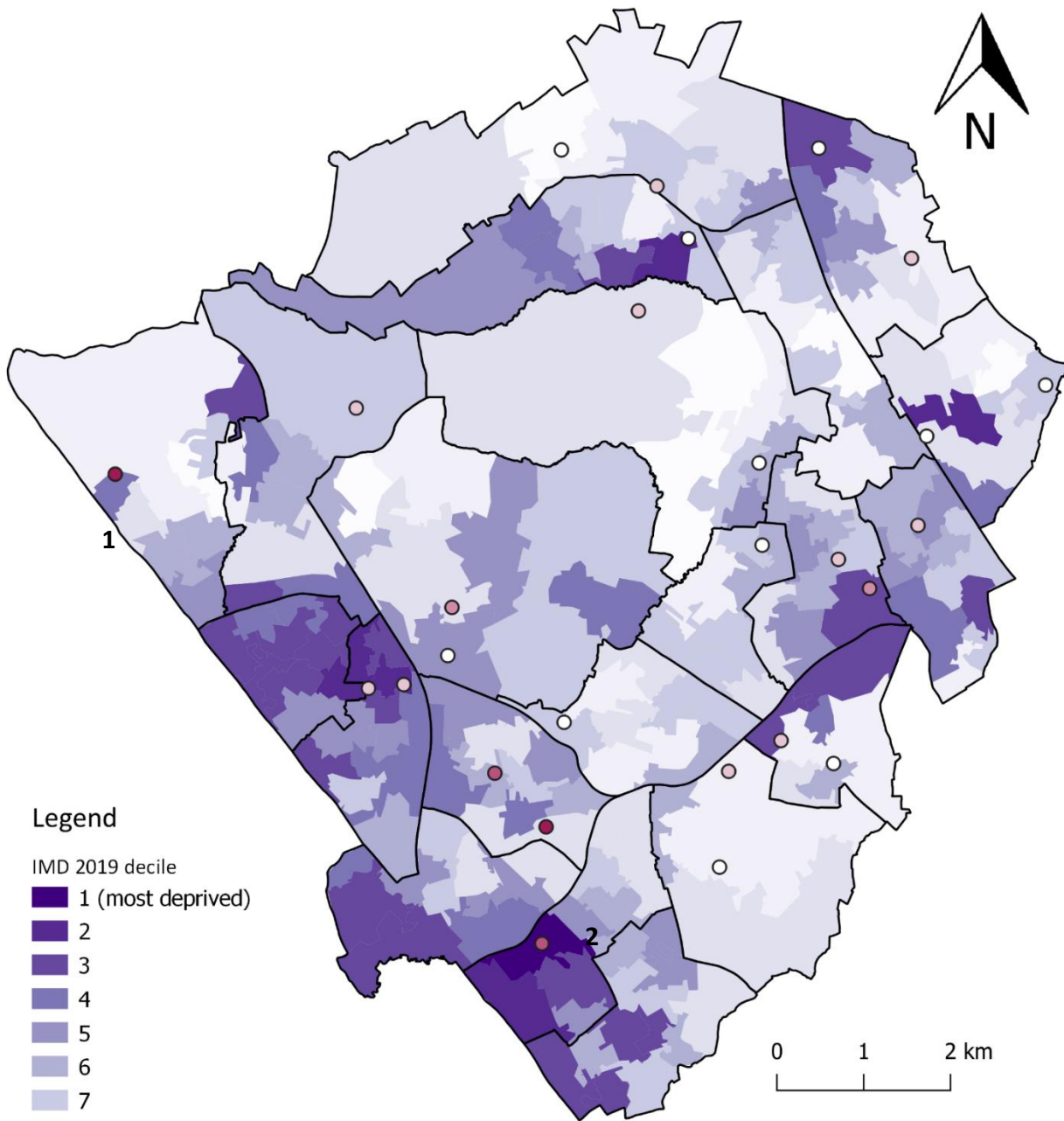
□ Ward boundary

### Highest school

1 – The Orion Primary School (358 pupils)

Source: Ministry of Housing, Communities and Local Government  
(English Indices of Multiple Deprivation (IMD) 2019)  
Contains Ordnance Survey and National Statistics Data  
© Crown copyright and database right 2021

Free school meal eligible pupils for Barnet secondary and all-through schools against Index of Multiple Deprivation (IMD) 2019



Legend

IMD 2019 decile

- 1 (most deprived)
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10 (least deprived)

Number of FSM eligible pupils (secondary and all-through schools)

- 16 - 114
- 114 - 212
- 212 - 309
- 309 - 407
- 407 - 505

□ Ward boundary

Highest schools

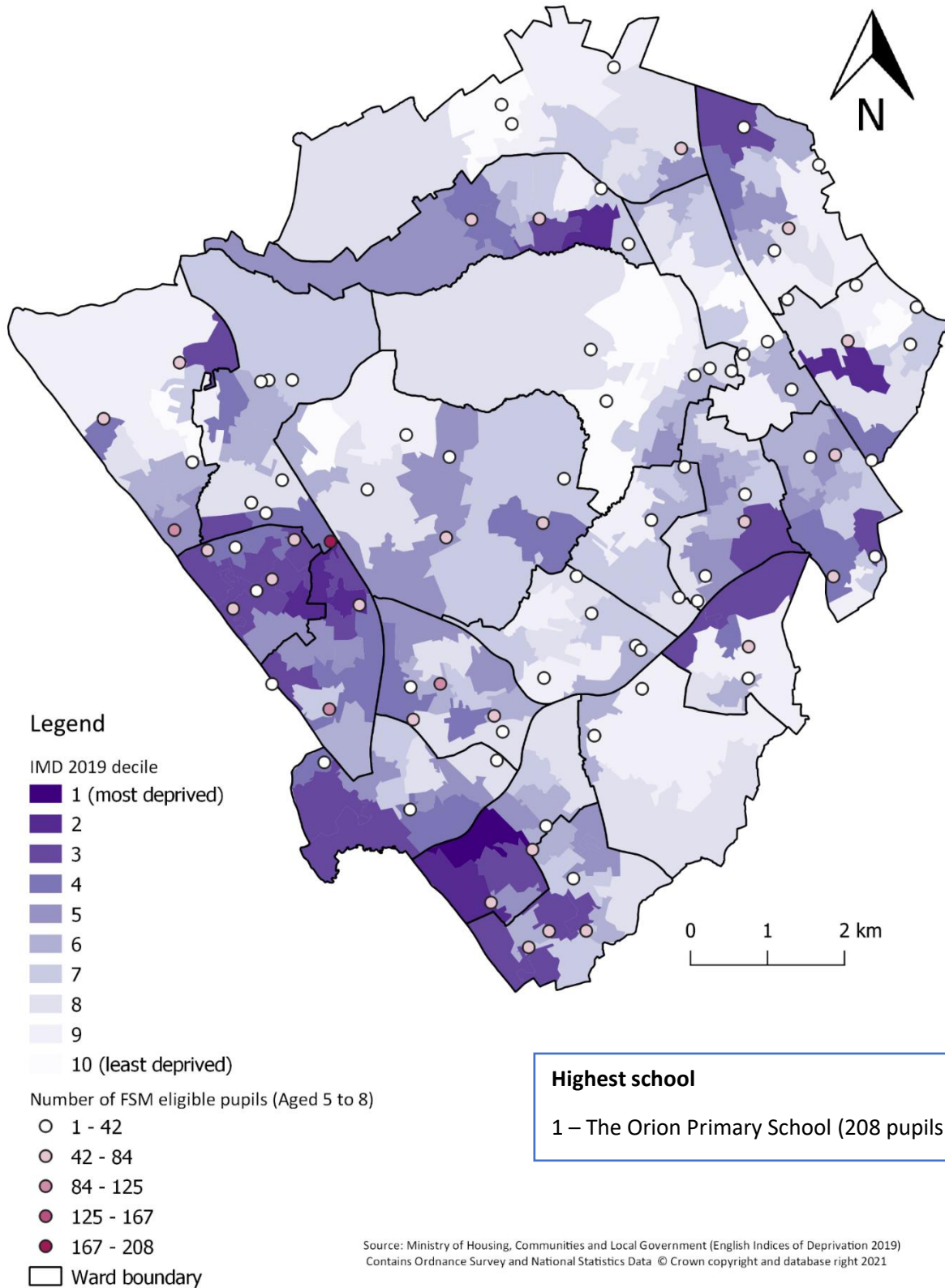
- 1 – London Academy (505 pupils)
- 2 – Hendon School (454 pupils)

Source: Ministry of Housing, Communities and Local Government (English Indices of Deprivation 2019)  
Contains Ordnance Survey and National Statistics Data © Crown copyright and database right 2021



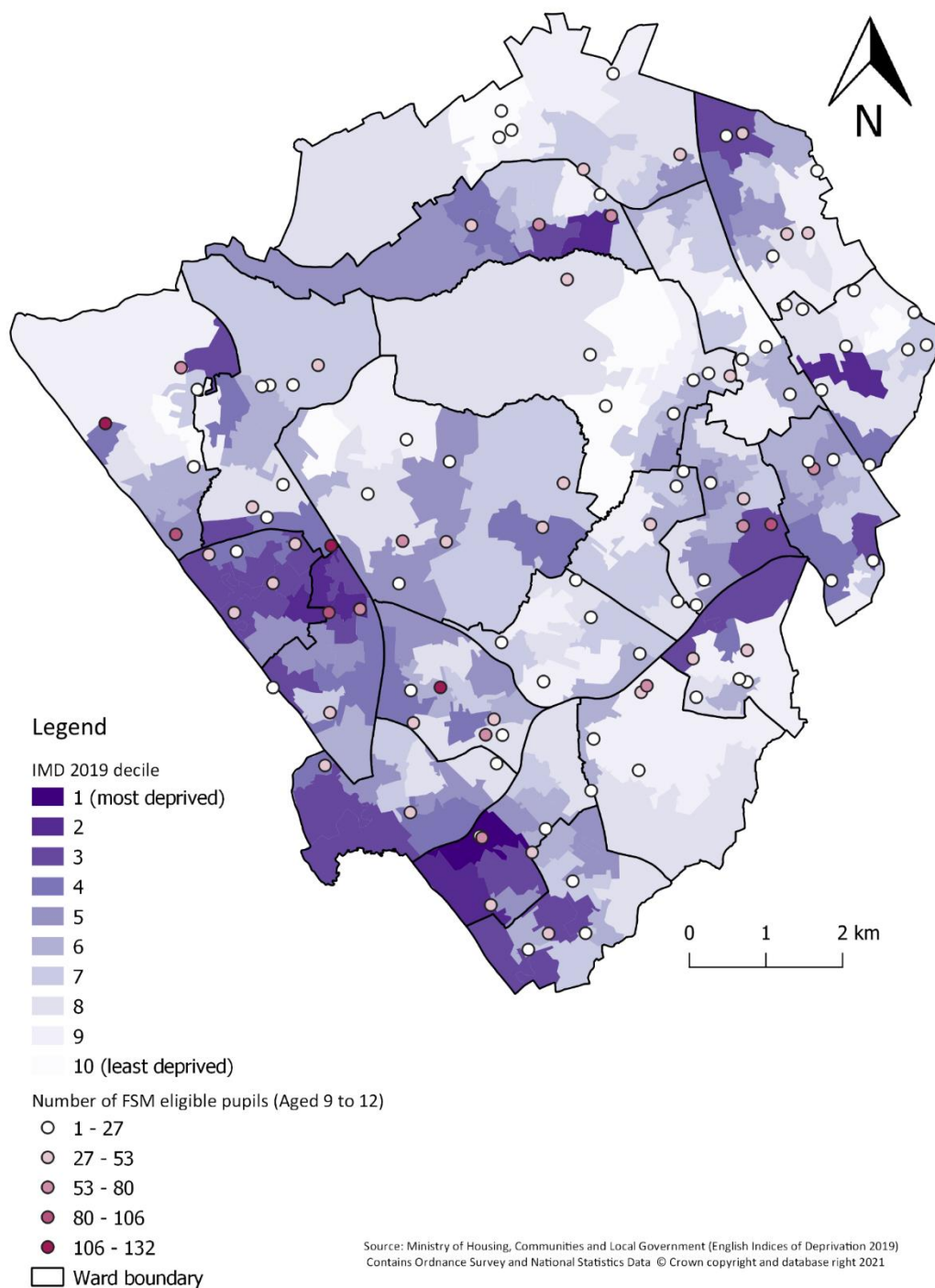
## Maps by age range

Free :





## Free school meal eligible pupils aged 9 to 12 against Index of Multiple Deprivation (IMD) 2019

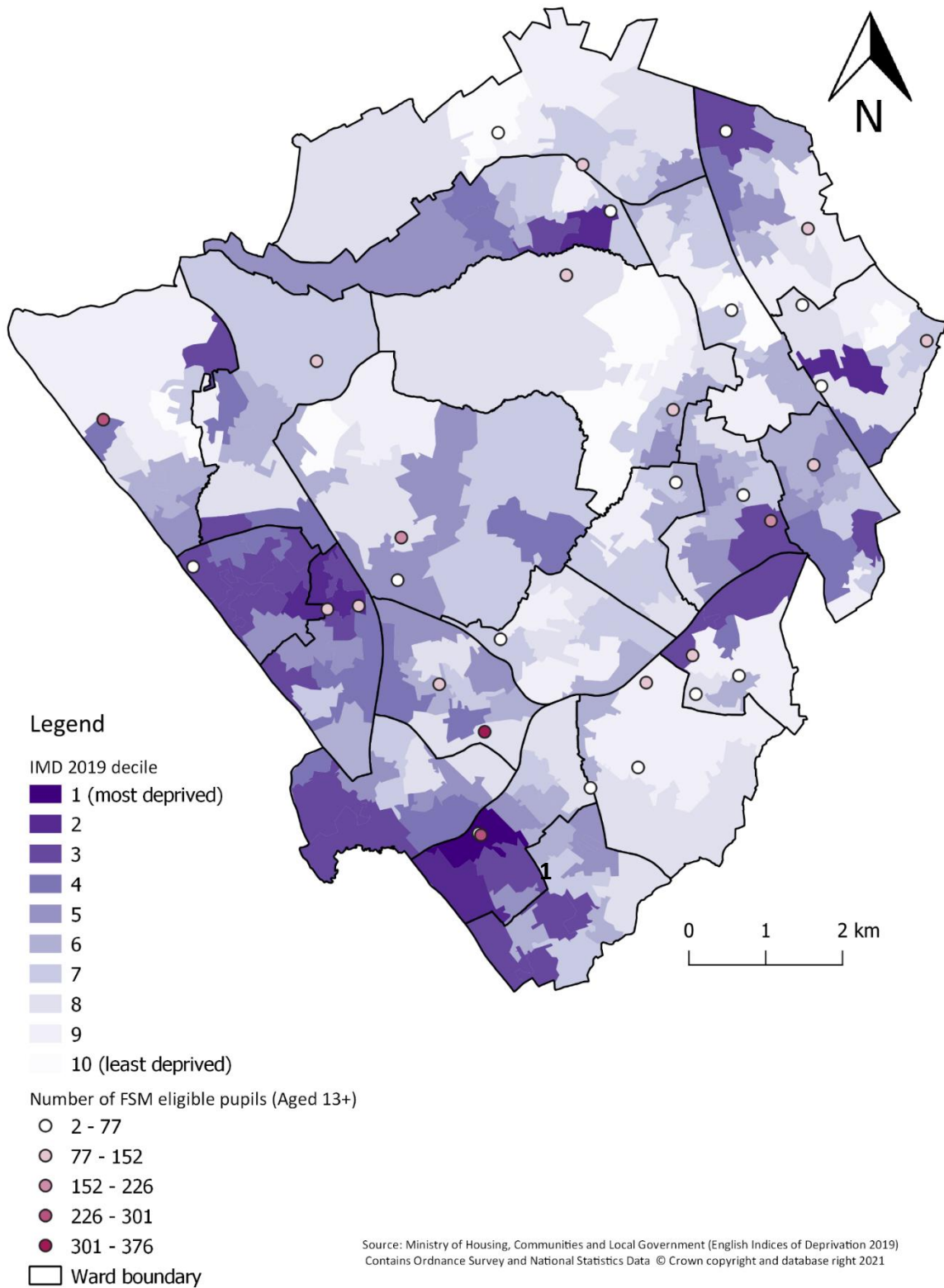


Source: Ministry of Housing, Communities and Local Government (English Indices of Deprivation 2019)  
Contains Ordnance Survey and National Statistics Data © Crown copyright and database right 2021

### Highest schools

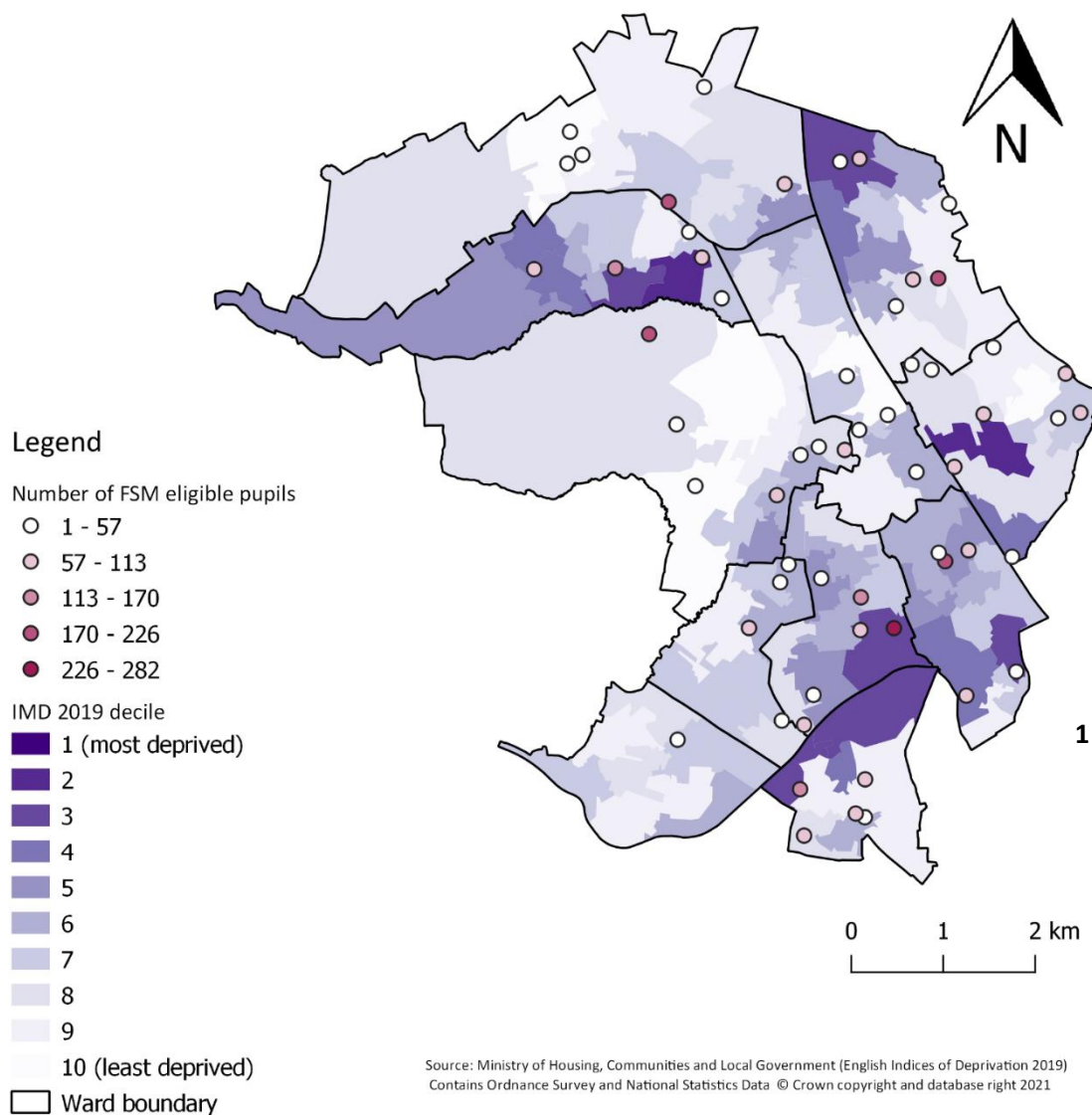
- 1 - The London Academy (132 pupils)
- 2 - The Orion Primary School (113 pupils)
- 3 - St Mary's and St John's CofE School (108 pupils)

## Free school meal eligible pupils aged 13 and over against Index of Multiple Deprivation (IMD) 2019



## Maps by locality

Free school meals pupils in all East Central schools against Index of Multiple Deprivation 2019

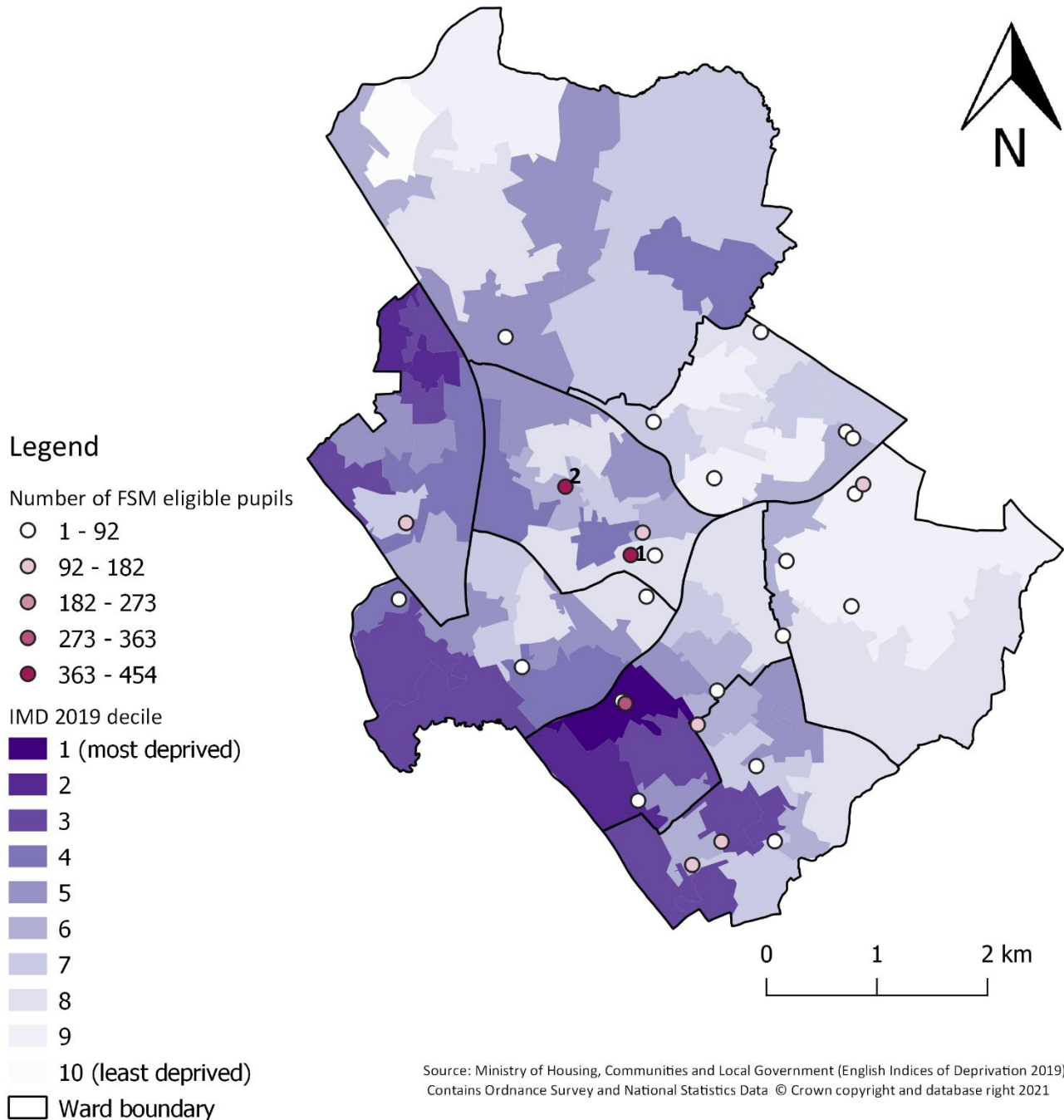


Source: Ministry of Housing, Communities and Local Government (English Indices of Deprivation 2019)  
Contains Ordnance Survey and National Statistics Data © Crown copyright and database right 2021

### Highest school

1 – The Compton School (282 pupils)

## Free school meals pupils in all South schools against Index of Multiple Deprivation 2019



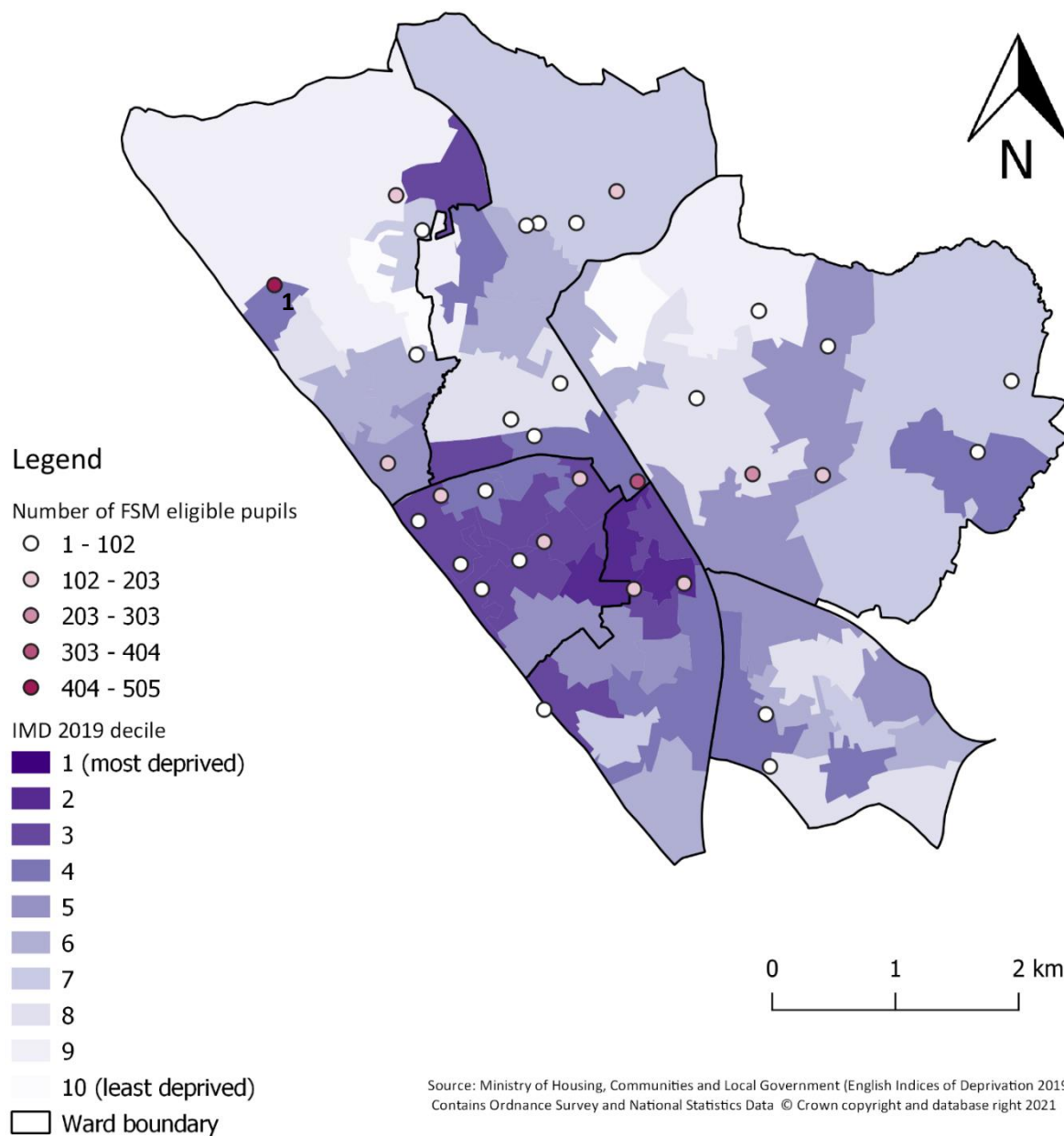
### Highest school

1 – Hendon School (454 pupils)

2 – St Mary's and St John's CofE School  
(366 pupils)



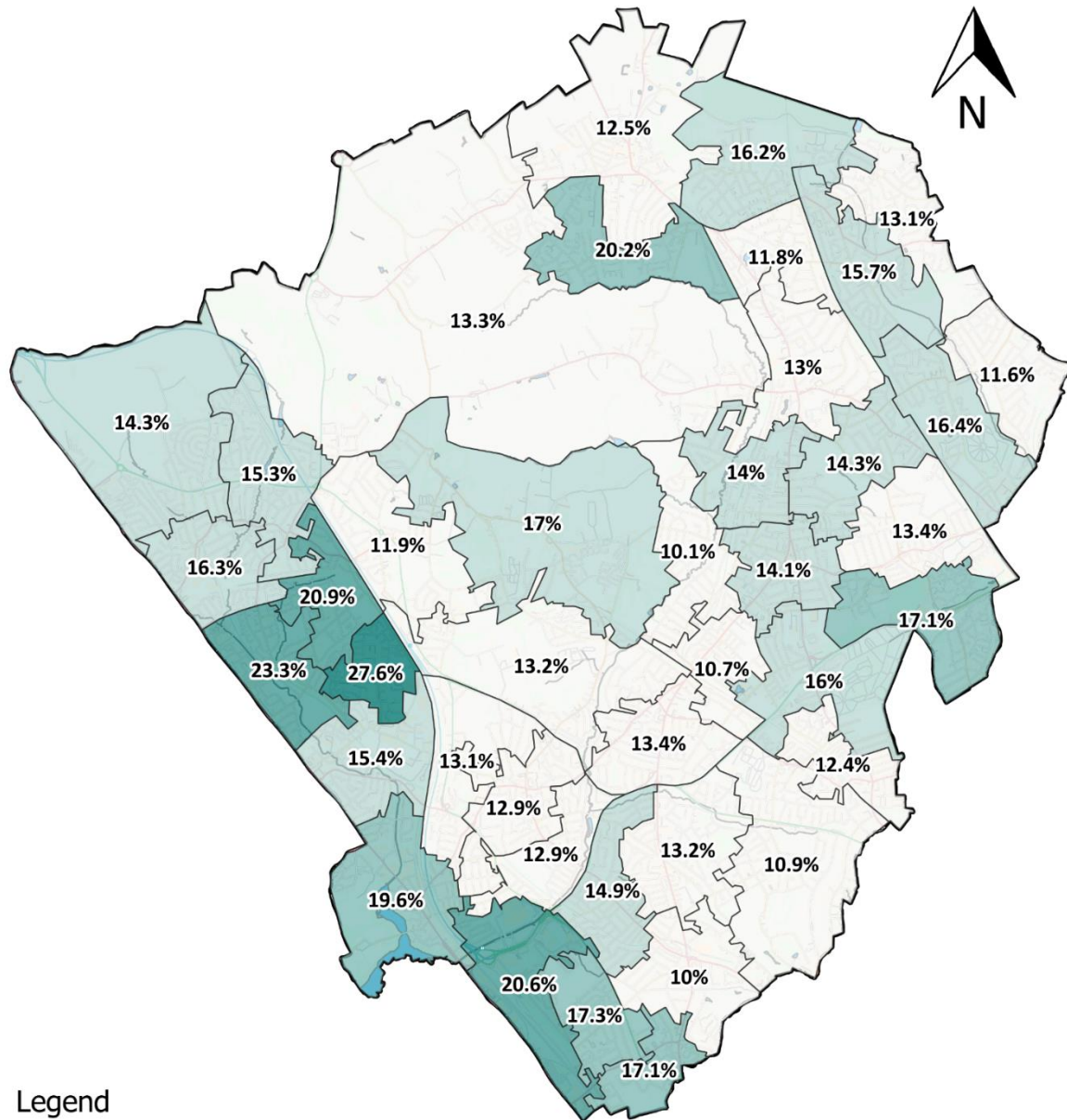
## Free school meals pupils in all West schools against Index of Multiple Deprivation 2019



### Highest school

1 – London Academy (505 pupils)

## Percentage of households at higher risk of food poverty, Sept 2019



### Legend

% of households at higher risk of food poverty (Sept 2019)

10.0% - 13.5%

13.5% - 17.0%

17.0% - 20.5%

20.5% - 24.1%

24.1% - 27.6%

Barnet boundary

Source: Food Poverty Risk (Sept 2019) % of households at higher risk (all ages), University of Southampton

Contains Ordnance Survey and National Statistics data © Crown copyright and database right 2021



## 23) Useful Links

Volunteering Barnet - volunteers and training support <https://volunteeringbarnet.org.uk/tool-kit/>

Food hygiene training - link - [https://www.foodsafetyatwork.co.uk/online-training/?course\\_id=1380](https://www.foodsafetyatwork.co.uk/online-training/?course_id=1380)

Food allergen training - link - [https://www.foodsafetyatwork.co.uk/online-training/?course\\_id=6874&gclid=Cj0KCQiA4feBBhC9ARIsABp\\_nbX6HyqahyAdzeDZ6uJBuRcsekumRftekR76VygUoAmfvMSIDKZf2rcaAsokEALw\\_wcB](https://www.foodsafetyatwork.co.uk/online-training/?course_id=6874&gclid=Cj0KCQiA4feBBhC9ARIsABp_nbX6HyqahyAdzeDZ6uJBuRcsekumRftekR76VygUoAmfvMSIDKZf2rcaAsokEALw_wcB)

(N.B these links are provided for information, and do not constitute an endorsement by Young Barnet Foundation or any of the partners. Organisations requiring food hygiene and allergen training should undertake their own research)

Barnet Safeguarding Children's Partnership: <https://thebarnetscp.org.uk/bscp>

Barnet Children's Services <https://wwc.barnet.gov.uk/working-children-barnet/practitioner-guidance/children-family-and-young-people-early-help-hubs-0-19>

- 0-19 Hub East
- 0-19 Hub West
- 0-19 Hub South

<https://www.outofschoolalliance.co.uk/know-how-ofsted>

**National Youth Agency (NYA) Guidance/COVID-19 Related:**

Latest information on restrictions in place at time of delivery: <https://nya.org.uk/guidance/>  
For practical information and resources to support your delivery (Risk Assessment Templates etc): <https://youthworksupport.co.uk/>

Latest insight into Government Roadmap out of Lockdown and implications for youth work: [https://www.youtube.com/watch?v=VV12YJ\\_UNxo](https://www.youtube.com/watch?v=VV12YJ_UNxo)

**Government Guidance: Out of School Settings:**

**Guidance to Providers of Holiday Clubs:** <https://www.gov.uk/government/publications/protective-measures-for-holiday-or-after-school-clubs-and-other-out-of-school-settings-for-children-during-the-coronavirus-covid-19-outbreak/protective-measures-for-out-of-school-settings-during-the-coronavirus-covid-19-outbreak>

**Guidance for Parents/Carers of children attending Holiday Clubs:**

<https://www.gov.uk/government/publications/guidance-for-parents-and-carers-of-children-attending-out-of-school-settings-during-the-coronavirus-covid-19-outbreak/guidance-for-parents-and-carers-of-children-attending-out-of-school-settings-during-the-coronavirus-covid-19-outbreak>

