

****Virtual Spring Timetable****

11.01.2021 – To Be Confirmed

Activities offered weekly unless otherwise stated

Staying COVID-19 Secure in 2020

We confirm we have complied with the government's guidance on managing the risk of COVID-19

FIVE STEPS TO SAFER WORKING TOGETHER

To help keep everyone safe, and in accordance with Government guidance face to face sessions within Barnet Children's Centres have been suspended. Midwifery appointments will however continue, as will targeted groups such as parenting programmes.

Sing-along

Fun Activity

Baby Care

Gardening

Arts & Crafts

Baby Massage

Healthy Cooking

Rhyme Time

Boogie Mites

Story Time

Makaton

Includes sessions in community languages

****Please check Facebook for additional fun activities, information and updates****

Barnet Children's Centres – West Locality



Monday

Tuesday

Wednesday

Thursday

Friday






Face To Face Sessions



Antenatal & Postnatal appointments arranged via your Midwife

Midwifery @ Barnet & Southgate college Appointments only	Midwifery @ Barnet & Southgate college Appointments only	Midwifery @ Barnet & Southgate college Appointments only	Midwifery @ Barnet & Southgate college Appointments only	Midwifery @ Barnet & Southgate college Appointments only
Midwifery @ Silkstream Antenatal & Postnatal Clinic Appointments only	Midwifery @ Fairway Antenatal & Postnatal Clinic Appointments only		Midwifery @ Silkstream Antenatal & Postnatal Clinic Appointments only	Midwifery @ Fairway Antenatal & Postnatal Clinic Appointments only
	Midwifery @ Silkstream Antenatal & Postnatal Clinic Appointments only		Midwifery @ Fairway Antenatal & Postnatal Clinic Appointments only	Midwifery @ Silkstream Antenatal & Postnatal Clinic Appointments only

Timetable is correct at time of printing

Monday	Tuesday	Wednesday	Thursday	Friday
Virtual Sessions				
				
Baby Rhyme and Sign Under 2's 10 - 10-30am To register your interest please email silkstreamcc@barnet.gov.uk or call 0208 905 7605	Baby Rhyme Time with Rachel Under 18 months 10 – 10.30am To register your interest Please email childrenscentre@fairwaycc.barnetmail.net or call 020 8359 3730	Oral health Session 22.01.21 10 - 11am * Tooth brushing * Diet * Visiting the dentist In partnership with CLCH To book an appointment please email rachael.crosbie@nhs.net	Coffee and Chat 10 - 10-30am To register your interest please email silkstreamcc@barnet.gov.uk Or call 0208 905 7605	Hayley's Healthy Lifestyle Advice Line To book a 1:1 Telephone slot please contact 0208 359 3730 Singing and Story Time 2-5years old 11.30am -12pm To register your interest please email silkstreamcc@barnet.gov.uk or call 0208 905 7605
	Oral Health Advice with Rachel and Fiona 1 – 3pm Support and advice about your child's oral health In partnership with CLCH To book an appointment please email rachael.crosbie@nhs.net	11 O' Clock Question Time 11 – 11.30am Live Facebook Stream on 'Barnet Childrens Centres – West Locality' Answering your questions around parenting Please email your questions to wingfield@barnet.gov.uk	Developmental Baby Massage 8 weeks- 18 weeks old 1 – 2pm FREE 14.01.21 – 11.02.21 (5 week programme) To book a place please email childrenscentre@fairwaycc.barnetmail.net or call 020 8359 3730	Toddler Music & Dance 1 - 5 years 2 – 2.30pm 15.01.21 29.01.21 12.02.21 26.02.21 12.03.21 26.03.21 To book a place please email childrenscentre@fairwaycc.barnetmail.net or call 020 8359 3730
		Oral Health Advice with Rachel and Fiona 1 – 3pm Support and advice about your child's oral health In partnership with CLCH To book an appointment please email rachael.crosbie@nhs.net		
Children Centres Addresses				
Fairway School & Children's Centre The Fairway, Mill Hill NW7 3HS 020 8359 3730 childrenscentre@fairwaycc.barnetmail.net	Silkstream Children's Centre Silkstream Road, Edgware HA8 0DA 020 8905 7605 SilkstreamCC@barnet.gov.uk	Wingfield & Stonegrove Children's Centre C/O 0-19 West Hub Barnet & Southgate College 7 Bristol Avenue, NW9 4BR 020 8359 3510 wingfield@barnet.gov.uk		

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