

0-19 EARLY HELP SERVICE



SUMMER ACTIVITIES

July - August 2020



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Summer 2020 Positive Activities Delivery:

This year we have adapted and changed the way in which we are delivering programmes to young people within the borough. Instead of just face to face delivery or in most recent times, just online delivery, we will be offering both. However within this booklet you will find only our ONLINE programmes. All of our FACE2FACE programmes will be released 10th July 2020.

Whilst we are excited about being able to offer different types of delivery, we are still following guidances outlined regarding group sessions and safety for all involved. This therefore will mean that face to face delivery will be different to usual, meaning that we will be working with distanced and in our own spaces. This will also involve a lower number of young people attending sessions of face to face delivery.

ONLINE SESSIONS:

- A chance to learn something new, develop skills and interactive with other young people from the comfort of your own home!
- Low cost sessions starting from only £3 per session!
- Delivered on Zoom in with high safety features!

FACE2FACE SESSIONS:

- Small grouped sessions following guidance from the Government!
- A chance to learn something new, develop skills and interactive with other young people face to face!
- Equipment/Rooms cleaned down before and after use.
- Sanitisers and PPE available throughout sessions
- Activities across the Borough of Barnet!



The online button

When you see this icon on a picture, this means that this session is an online session only, so you will be required to have a device, internet and Zoom account



Sign up now button

When you find a course you would like to apply for, all you need to do is select this icon and it will automatically take you to the page on our website where you can sign up

How to apply online:

Visit and register on our website and navigate through the summer timetable to find the course for your young people. Within this document all online courses will be outlined to show what is on offer each week.

For more support please use our Online Applications Guidance online found on our website



www.barnetyouth.uk

CLICK THE ICONS



WEEK ONE

Monday 20 - Friday 24 July 2020



****Delivered by a Partner Provider**

MORNING MELODIES 1

Morning Melodies is perfect for any little ones who love to sing! Sing-a-long and learn your favourite Disney tunes, pop songs and show tunes, with our professional singing teacher, while developing basic skills used for singing. This class is a great induction to begin learning how the voice works while having fun!

**Dates: Tuesday 21 July
2020**

**Times: 9am - 9:45am
Ages: 4-6s**



WAKE UP AND BOOGIE 1



Welcome to our fun and high energy dance class, keeping your little ones occupied and entertained in the morning, expending some of that endless energy! In this class we will learn dance moves & routines of all different styles to popular children's songs from the pop charts to Disney and Westend!

**Dates: Thursday 23 July
2020**

**Times: 9am-9:45am
Ages: 4-6s**



****Delivered by a Partner Provider**



ARTS & CRAFTS 1

Play with your artistic talents and create arts and crafts within this creative online course using items you can find around your home.

**Dates: Tuesday 21 -
Thursday 23 July 2020**

**Times: 10 - 11am
Ages: 7-11s**



ACTING MAGICAL: ACADEMY FOR LITTLE WIZARDS & WITCHES

Step into the world of magic & use your imagination to learn all things wizardry in this fun drama & acting course! Act out your own spells, design your own potions and step into the characters and life of the students at hogwarts! Then at the end of the course, graduate from our Magical Academy with your very own certificate of completion!

**Dates: Monday 20 -
Wednesday 22 July 2020**

**Times: 10-11am
Ages: 7-11s**



****Delivered by a Partner Provider**



BUSINESS BATTLE

Young people work in teams to come up with a real business ideas with the support and guidance of tutors to propose their idea online in a Dragons' Den Style Pitch.

**Dates: Wednesday 22 -
Friday 24 July 2020**

**Times: 11:30am - 1pm
Ages: 11-18s**



WEEK ONE

Continued...

LIGHTS, CAMERA, ACTION: ACTING FOR SCREEN

Taught by industry professionals, this acting for screen course explores the techniques needed to become a successful TV and film actor or actress. You will be analysing scripts, creating characters and learning the difference between stage acting and screen acting as well as finishing the course with your own mini film, starring yourself!

SIGN UP NOW

**Dates: Wednesday 22 -
Friday 24 July 2020**

**Times: 11:30am-12:30pm
Ages: 12-18s**

online



****Delivered by a Partner Provider**

STREET DANCE 1

Fun, high energy dance course to get your bodies moving through learning Street Dance routines. This session is for all abilities.

**Dates: Tuesday 21 -
Thursday 23 July 2020**

**Times: 1pm - 2pm
Ages: 7-11s**

SIGN UP NOW



online

CREATE LEGO BATTLES 1

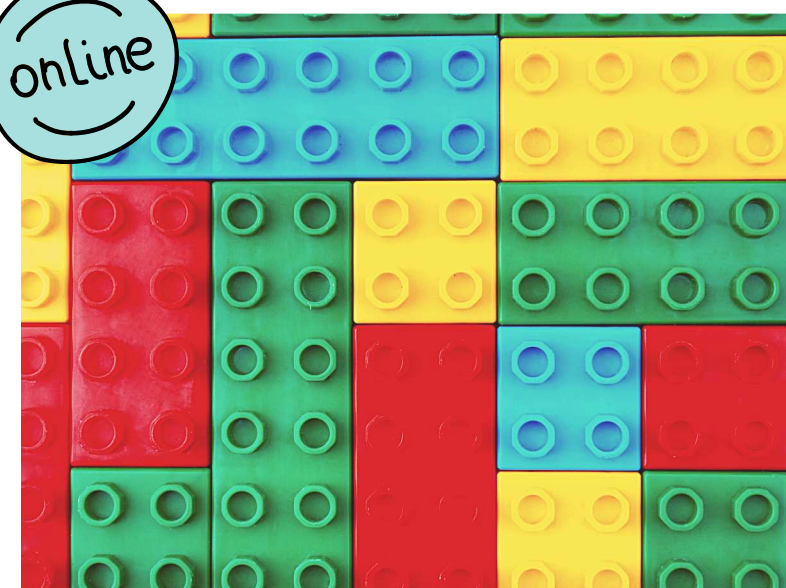
Using your own Lego and your limitless imagination, learn how to harness the power of storytelling to create epic Lego battles.

SIGN UP NOW

**Dates: Wednesday 22 -
Friday 24 July 2020**

**Times: 2-3pm
Ages: 12+**

online



SEND PERFORMING ARTS

Love to sing, dance and act? This is a weekly Performing Arts Online Session for Young People with Learning Disabilities and / or Autism.

**Dates: Monday 20th, 27th July
3rd & 10th August 2020**

**Times: 3:30 - 4:30pm
Ages: 11-25s**

SIGN UP NOW



online

QUIZ UNDER 11S - 1

Think you know about the world. Try our weekly online Trivia Quiz session which will test your general knowledge. This week is the juniors quiz!

SIGN UP NOW

**Dates: Monday
20th July 2020**

**Times: 5-6pm
Ages: 7-11s**

online



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HORSE EXPERIENCE DAY 1

Date: Tuesday 21 July
2020

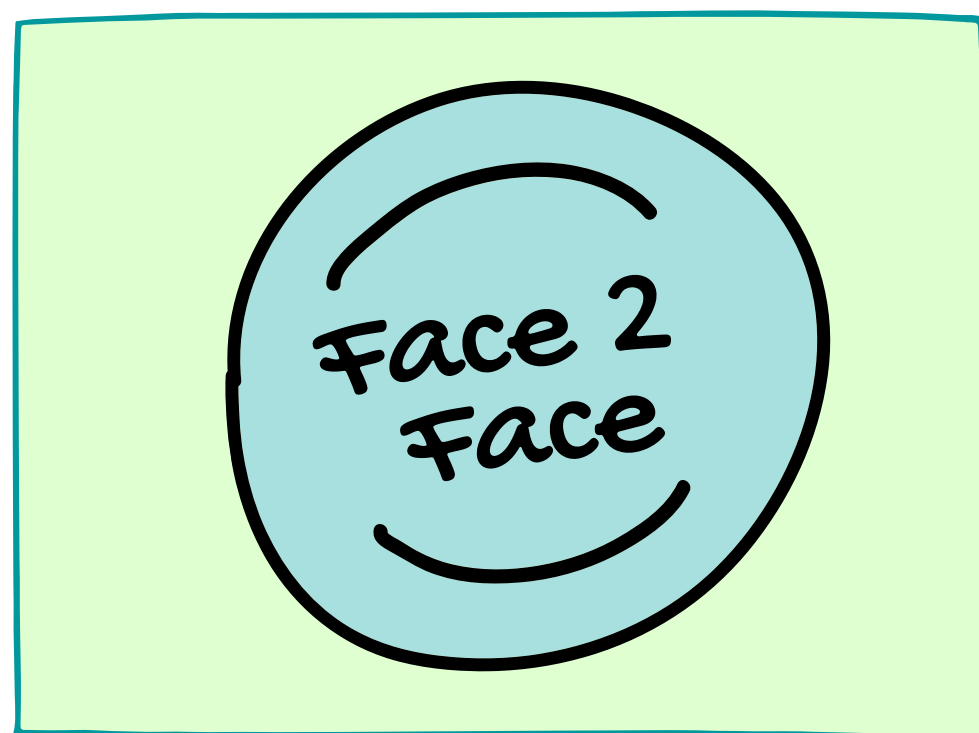
Times: 10am-3pm
Ages: 12+



HORSE EXPERIENCE DAY 2

Dates: Wednesday 22
July 2020

Times: 10am-3pm
Ages: 7-11s



HORSE EXPERIENCE DAY 3

Dates: Thursday 23 July
2020

Times: 10am-3pm
Ages: 12+



HORSE EXPERIENCE DAY 4

Dates: Friday 24 July
2020

Times: 10am-3pm
Ages: 7-11s



STRENGTH AND LEARNING THROUGH HORSES



HORSE EXPERIENCE DAY 5

Date: Tuesday 21 July
2020

Times: 10am-3pm
Ages: 12+



HORSE EXPERIENCE DAY 6

Dates: Wednesday 22
July 2020

Times: 10am-3pm
Ages: 7-11s



On the day:

Join the Strength and Learning Through Horses team spending a day learning to train horses. The team of horse behaviourists will teach you how a horse thinks, what worries them and what motivates them. Using this knowledge to building a relationship of trust with them and train them to undertake a number of fun activities.

HORSE EXPERIENCE DAY 7

Dates: Thursday 23 July
2020

Times: 10am-3pm
Ages: 12+



CHARITY PARTNERSHIP



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WEEK TWO

Monday 27 - Friday 31 July 2020



****Delivered by a Partner Provider**

online

MORNING MELODIES 2

Morning Melodies is perfect for any little ones who love to sing! Sing-a-long and learn your favourite Disney tunes, pop songs and show tunes, with our professional singing teacher, while developing basic skills used for singing. This class is a great induction to begin learning how the voice works while having fun!

**Dates: Tuesday 28
July 2020**

**Times: 9am - 9:45am
Ages: 4-6s**

SIGN UP NOW



WAKE UP AND BOOGIE 2

online

Welcome to our fun and high energy dance class, keeping your little ones occupied and entertained in the morning, expending some of that endless energy! In this class we will learn dance moves & routines of all different styles to popular children's songs from the pop charts to Disney and Westend!

**Dates: Thursday 30 July
2020**

**Times: 9am-9:45am
Ages: 4-6s**

SIGN UP NOW



****Delivered by a Partner Provider**



online

FASHION & TEXTILES 1

An online course to learn and develop skills within textiles, fashion and sewing using items around your home.

**Dates: Monday 27 -
Wednesday 29 July 2020**

**Times: 10am - 11am
Ages: 10-16s**

SIGN UP NOW



THEATRE WORKSHOP 1

online

Theatre workshop is for bubbly children who enjoy learning different styles of drama & being introduced to different techniques of acting and story telling. Every continent has its own stories which have been told since the dawn of time. Join us to explore some of those, invent our own and use our imaginations to find stories from the map of the world.

**Dates: Monday 27 -
Wednesday 29 July 2020**

**Times: 12-1pm
Ages: 7-11s**

SIGN UP NOW



online

RITHMIK RADIO PRODUCTIONS

Learn about Radio Production, journalism, interviewing and reporting. Debate topics discussing the current situation, the progress, personal experiences and thoughts on Governmental development and what young people find important to them in their lives. If you are an aspiring journalist or interested in working within Radio or presenting, then come and join the online group.

**Dates: Tuesday 28 -
Thursday 30 July 2020**

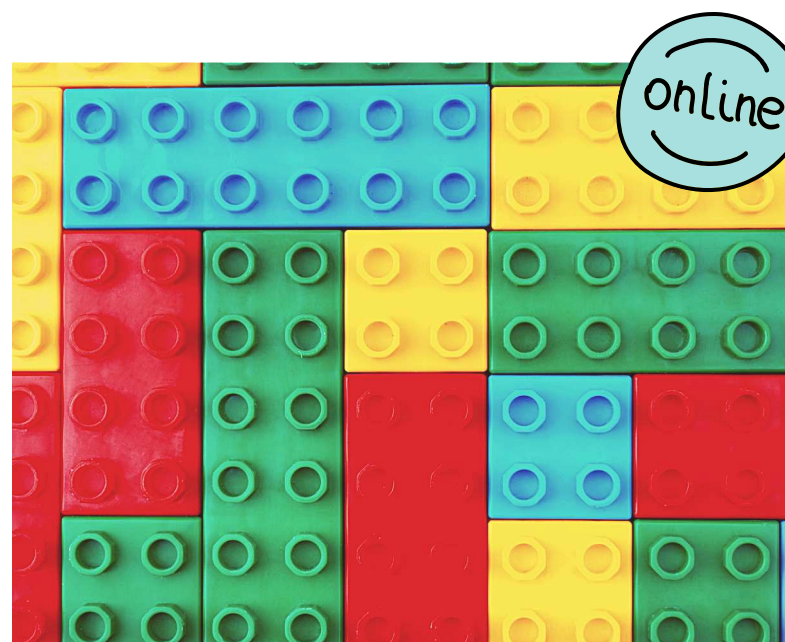
**Times: 1pm - 2:30pm
Ages: 12+**

SIGN UP NOW



WEEK TWO

Continued



CREATE LEGO BATTLE 2 - PARENT & CHILD

Using your own Lego and your limitless imagination, learn how to harness the power of storytelling to create epic Lego battles.

**Dates: Wednesday 29 -
Friday 31 July 2020**

**Times 2pm - 3:30pm
Ages: Under 6s**

SIGN UP NOW



SEND PERFORMING ARTS

online

Love to sing, dance and act? This is a weekly Performing Arts Online Session for Young People with Learning Disabilities and / or Autism.

**Dates: Monday 20, 27 July
3 & 10 August 2020**

**Times: 3:30pm - 4:30pm
Ages: 11-25s**

SIGN UP NOW



QUIZ TEENS - 1

Think you know about the world. Try our weekly online Trivia Quiz session which will test your general knowledge. This week is the teens quiz!

**Dates: Monday 27
July 2020**

**Times: 5 - 6pm
Ages: 12+**

SIGN UP NOW



DID YOU KNOW...?

WE ALSO RUN TERM TIME ACTIVITIES

This means that during the terms when you are at school we also offer sessions which happen during the evening.

Rhythmic Radio

We hosted a whole range of different activities which many young people across The Borough of Barnet were able to join in on.

**SEND
Performing Arts**

Placed around this sections are just a few of the activities that we have on offer during term time,

This Summer Term we have just successfully delivered our first online sessions

**Young Teens
Group**

Normally we are able to host our sessions from different buildings.



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WEEK THREE

Monday 3 - Friday 7 August 2020



****Delivered by a Partner Provider**

online

MORNING MELODIES 3

Morning Melodies is perfect for any little ones who love to sing! Sing-a-long and learn your favourite Disney tunes, pop songs and show tunes, with our professional singing teacher, while developing basic skills used for singing. This class is a great induction to begin learning how the voice works while having fun!

**Dates: Tuesday 4
August 2020**

**Times: 9am - 9:45am
Ages: 4-6s**

SIGN UP NOW



WAKE UP AND BOOGIE 3

online

Welcome to our fun and high energy dance class, keeping your little ones occupied and entertained in the morning, expending some of that endless energy! In this class we will learn dance moves & routines of all different styles to popular children's songs from the pop charts to Disney and Westend!

**Dates: Thursday 6
August 2020**

**Times: 9am-9:45am
Ages: 4-6s**

SIGN UP NOW



****Delivered by a Partner Provider**



online

ARTS & CRAFTS 2

Play with your artistic talents and create arts and crafts within this creative online course using items you can find around your home.

**Dates: Tuesday 4 -
Thursday 6 August 2020**

**Times: 9:45am-10:45am
Ages: 12+**

SIGN UP NOW



LETS ROCK! MUSICAL THEATRE

online

If you love to sing, act and dance this is the course for you! Taught by industry professionals, get ready to rock the stage learning songs, dance routines and becoming the characters from some of the most famous rock musical in town! The finish the course with a final performance showing off your new skills and feeling like the rock star performer you are

**Dates: Tuesday 4 -
Thursday 6 August 2020**

**Times: 11am-12:30pm
Ages: 7-16s**

SIGN UP NOW



****Delivered by a Partner Provider**



online

HOW TO BECOME A JOURNALIST

Designed as a fun and practical introduction to journalism, students will learn about career options in journalism as well as the essential skills required to become a journalist, from researching to writing a story, including how to make contacts and conduct effective interviews.

**Dates: Monday 3 -
Wednesday 5 August 2020**

**Times: 11- 3pm (1 hour lunch inc.)
Ages: 14-17s**

SIGN UP NOW



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WEEK THREE

Continued



online

FASHION & TEXTILES 2

An online course to learn and develop skills within textiles, fashion and sewing using items around your home.

**Dates: Tuesday 4 -
Thursday 6 August 2020**

**Times: 1pm - 2pm
Ages: 10-16s**

SIGN UP NOW



STREET DANCE 2

online

Fun, high energy dance course to get your bodies moving through learning Street Dance routines. This session is for all abilities.

**Dates: Tuesday 4 -
Thursday 6 August 2020**

**Times: 2:15pm - 3:15pm
Ages: 7-11s**

SIGN UP NOW



online

SEND PERFORMING ARTS

Love to sing, dance and act? This is a weekly Performing Arts Online Session for Young People with Learning Disabilities and / or Autism.

**Dates: Monday 20, 27 July
3 & 10 August 2020**

**Times: 3:30pm - 4:30pm
Ages: 11-25s**

SIGN UP NOW



QUIZ UNDER 11S - 2

online

Think you know about the world. Try our weekly online Trivia Quiz session which will test your general knowledge. This week is the juniors quiz!

**Dates: Monday 3
August 2020**

**Times: 5 - 6pm
Ages: 7-11s**

SIGN UP NOW



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WEEK FOUR

Monday 10 - Friday 14 August 2020



****Delivered by a Partner Provider**

MORNING MELODIES 4

Morning Melodies is perfect for any little ones who love to sing! Sing-a-long and learn your favourite Disney tunes, pop songs and show tunes, with our professional singing teacher, while developing basic skills used for singing. This class is a great induction to begin learning how the voice works while having fun!

**Dates: Tuesday 11
August 2020**

**Times: 9am - 9:45am
Ages: 4-6s**

SIGN UP NOW

WAKE UP AND BOOGIE 4

Welcome to our fun and high energy dance class, keeping your little ones occupied and entertained in the morning, expending some of that endless energy! In this class we will learn dance moves & routines of all different styles to popular children's songs from the pop charts to Disney and Westend!

**Dates: Thursday 13
August 2020**

**Times: 9am-9:45am
Ages: 4-6s**



****Delivered by a Partner Provider**



GET COOKING

Join our online sessions to get yourself cooking at home. Using these three online sessions, you will be taught how to cook a Starter, Main Dinner & Dessert trying to make them remain under £5 each course as well! So grab your apron and join in the cooking fun!

**Dates: Wednesday 12 -
Friday 14 August 2020**

**Times: 10am - 1:30pm
Ages: 11-16s**

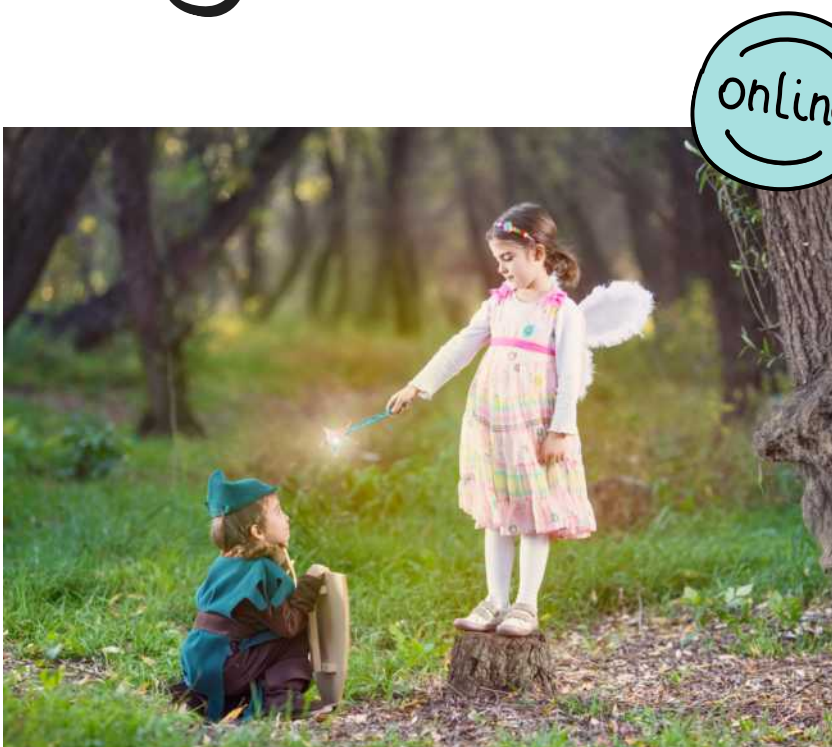
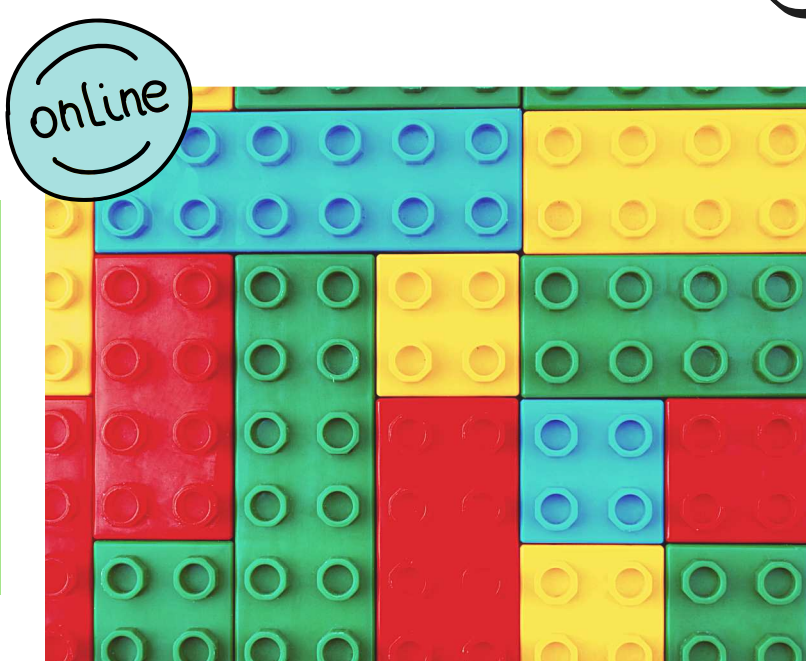
SIGN UP NOW

CREATE LEGO BATTLES 3

Using your own Lego and your limitless imagination, learn how to harness the power of storytelling to create epic Lego battles.

**Dates: Wednesday 12 -
Friday 14 August 2020**

**Times: 11am -12pm
Ages: 7-11s**



THEATRE WORKSHOP 2

Theatre workshop is for bubbly children who enjoy learning different styles of drama & being introduced to different techniques of acting and story telling. Fairy tales nursery rhymes and stories from the four corners of the world are taken out of there boxes , broken up and put back together by you, but not necessarily in the same order!

**Dates: Monday 10 -
Wednesday 12 August 2020**

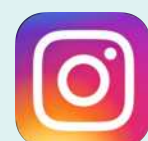
**Times: 12-1pm
Ages: Under 6s**

SIGN UP NOW



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WEEK FOUR

Continued



SINGING WORKSHOP

Love to sing? Well this is the course for you! Learn the top chart numbers and develop your vocal range!

**Dates: Tuesday 11 -
Thursday 13 August 2020**

**Times: 1pm - 2:30pm
Ages: 8-12s**

SIGN UP NOW



SEND PERFORMING ARTS



Love to sing, dance and act? This is a weekly Performing Arts Online Session for Young People with Learning Disabilities and / or Autism.

**Dates: Monday 20, 27 July
3 & 10 August 2020**

**Times: 3:30pm - 4:30pm
Ages: 11-25s**

SIGN UP NOW



QUIZ TEENS - 2

Think you know about the world. Try our weekly online Trivia Quiz session which will test your general knowledge. This week is the teens quiz!

**Dates: Tuesday 11
August 2020**

**Times: 5 - 6pm
Ages: 12+**

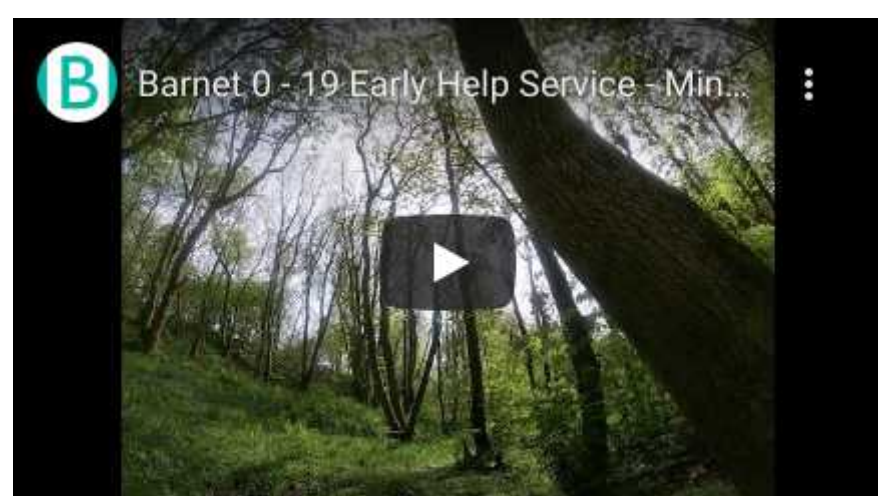
SIGN UP NOW



WE HAVE ALSO...



CREATED YOUTUBE VIDEOS FOR YOU



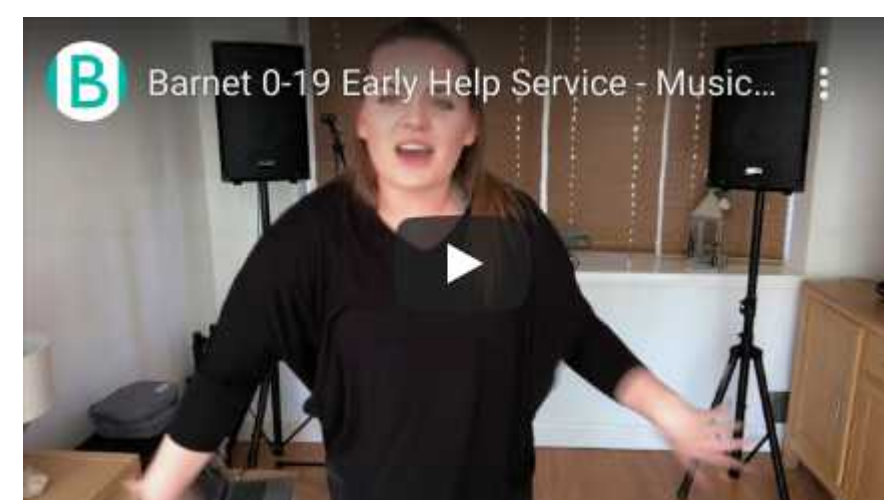
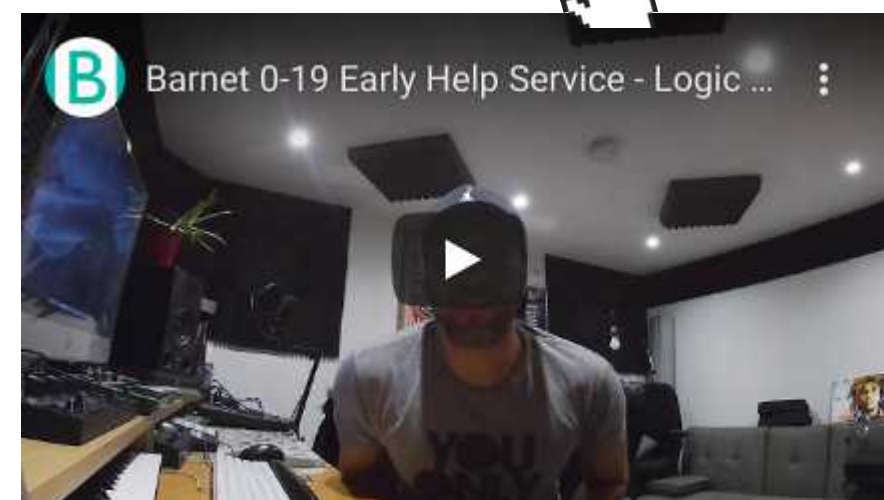
Here are some of the videos we have produced so far. We release new videos weekly, so keep an eye out on what we have coming up next!



Barnet Council



Subscribe



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0-19 EARLY HELP SERVICE

Children, Family and Young People



All families face challenges and sometimes need support. Early Help is about providing this support as soon as possible to tackle difficulties for children, young people and families before they become more serious. We work with the whole family and the child / young person is at the centre of all we do.

Working with partners, Barnet's 0-19 Early Help Service provides help and support to families, children and young people up to the age of 19 (or 25 with a disability).

We aim to: Provide the right help first time that meets identified needs Improve outcomes for children and young people Prevent the escalation of issues that would then require statutory intervention.

To access support go to: <https://wwc.barnet.gov.uk/wwc/working-children-barnet/practitioner-guidance/children-family-and-young-people-hubs-0-19/how>



Kooth is the UK's leading mental health and wellbeing platform. It gives children and young people easy access to an online community of peers and a team of experienced counsellors. Access is free of the typical barriers to support: no waiting lists, no thresholds, no cost and complete anonymity.

Go to www.kooth.com

Working together to support Communities

Community groups across our borough are pulling together in an unprecedented way to support vulnerable people during the coronavirus (COVID-19) crisis.

For more information where you can get help, and how you can get involved. Go to:

www.engage.barnet.gov.uk/communityhelphub.

www.barnetyouth.uk

